

Raise target  
sponsorship and  
jump for FREE!

**sia**<sup>'''</sup>  
spinal injuries  
association

# SKYDIVE for SIA

Take on the Spinal Injuries Association

# 10,000ft

tandem skydive challenge and help rebuild lives.

Every year in the UK around 1000 people experience a spinal injury. The Spinal Injuries Association helps people rebuild full, active and independent lives after paralysis.

For further information please contact:

**Call 0845 071 4350**

**Email [fundraising@spinal.co.uk](mailto:fundraising@spinal.co.uk)**

**Web [www.spinal.co.uk](http://www.spinal.co.uk)**



Registered charity No 1054097. Quote ref: flyer

...because life needn't stop when you're paralysed.