

A vision for the future

spinal injuries association | annual report 2005-2006



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Registered Company No 3175203



SIA's vision is of a world where spinal cord injury is not a barrier to a full and independent life.

We are achieving our vision through our services, training and campaigns.

Involving and working with spinal cord injured people lies at the heart of our success.

- True user led organisation – directed and managed by spinal cord injured people.
- 33 staff, of whom over 50% are spinal cord injured.
- Network of over 100 active volunteers.
- Representation at all nine NHS Spinal Injuries Centres within England and Wales.
- Occupying a unique fully-accessible and environmentally-sustainable head office.



Message from our patron



It is with great pleasure that I present this Annual Report to you, since it marks a year of momentous change in the life of the Spinal Injuries Association.

After three years of hard work by Tim Watts, Chair of SIA's Capital Appeal, and the Association's Trustees and staff, the dream of purpose-built accommodation to house SIA's Head Office was realised. I was delighted to celebrate with those responsible for this magnificent effort when I opened SIA House in December 2005, and I am sure that those of you who have visited the building will have been impressed with the facilities offered.

However, the Association's headquarters are ultimately only as good as the work that goes on inside. At the heart of the building project has been the need to ensure that an environment was created that would truly serve the needs of spinal cord injured people and involve them in SIA's future. To this end, the building has been designed in such a way as to allow for the expansion of SIA's service delivery programme, as well as ensuring an accessible and eco-friendly environment to work in and to visit.

The Spinal Injuries Association has, at long last, a home of its own and can put down roots. As a result, the future is bright and growth now secured. I welcome this new stage in the organisation's history and feel sure that those for whom living with spinal cord injury is a reality will feel justly proud of what their Association has achieved.

HRH The Princess Royal

The Princess Royal opens our new home in Milton Keynes.



Foreword



This has been a busy year for SIA. The move to our new home, SIA House, is clearly a landmark event in the history of the Association, giving us the opportunity to broaden and increase our range of activities.

I must pay tribute to Paul Smith and the staff for organising and coping with the move and the

subsequent teething troubles of a new building with such a revolutionary and unusual design. We were honoured by the presence of our Patron, HRH The Princess Royal, at the official opening on 2 December 2005.

This is also my opportunity to thank my fellow trustees, for their support for me as a new Chair and for everything they do for SIA without seeking recognition. SIA is fortunate to be blessed with trustees who have such a wide range of knowledge and experience.

John Borthwick, Vice Chair, has been instrumental in directing our strategy to preserve and upgrade the UK Spinal Cord Injury Service. Against the background of NHS financing problems we are concerned about the future of the spinal injury centres.

Jonathan Wilkes, Treasurer, gives tremendous help

on all financial matters. His input to the recent restructuring arrangements, following the move to SIA House, has helped put SIA into better shape for the future.

Michelle Howard has helped prepare the current SIA Risk Assessment protocol.

The three solicitor trustees, Jonathan Fogerty, James Wood and Darren Hughes continue to provide help, advice and expertise.

Jonathan Fogerty, in particular, has chaired the Building Committee overseeing the building and moving into SIA House. Hugh Stewart has provided valuable support as a member of this Committee.

Other trustees provide links with related disability organisations. John Van Dongen sits on the Governing Council of Mobilise; Judith Jesky serves on DPTAC; Becky Mason, Vice Chair, is also Chair of Back Up.

Liz Martin, newly elected last year, gives a valuable perspective to our discussions as a ventilator-dependent tetraplegic, living in central Scotland.

Martin McLelland, the Spinal Cord Injury Consultant from the Princess Royal Spinal Cord Injury Centre, Sheffield, is a co-opted trustee who unfailingly attends meetings to give us another perspective, this time on matters medical. We are lucky to have him.

Mike Tennison, Alan West and Peggy Deane each bring their individual expertise and experience to the Governing Council and I am grateful to them

for their loyalty to the Association.

Well, where now for SIA? We are at the beginning of the cycle in our 2006-2009 Strategic Plan and I look forward to seeing how this develops.

I would very much like to see SIA developing closer relationships with its members as individuals. Generally we are very good at representing the membership as a group, in negotiations with outside bodies such as Government Departments and the NHS - our track record over the years proves this.

For members we offer publications and a number of services, such as the Freephone Helpline. The Healthy Living Road Shows help us to meet the members and I would like to see this idea developed with more regional meetings of this type.

SIA would also like to 'do' more for members as individuals, by negotiating discounts on disability products and specialist services, with insurers, travel companies and hotels for example.

In a report such as this there is not enough space to thank every individual who has helped and supported SIA during the year. We rely on many volunteers, not only within the office but also at outside events. Without their support we simply could not run fundraising events. Their efforts should not go unrecognised and I would like to thank them all.

Bart Hellyer Chair
August 2006

What is spinal cord injury?

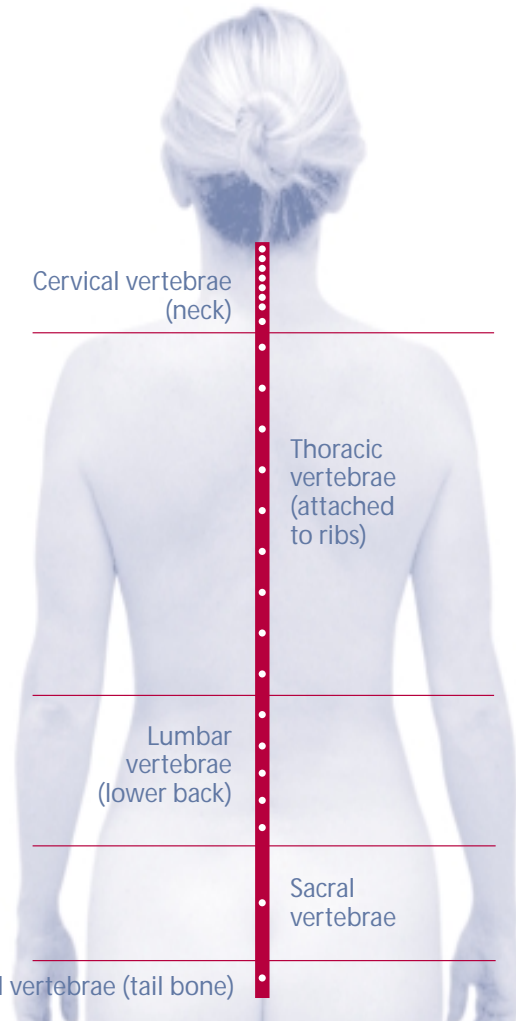
The spinal cord is responsible for carrying messages between the brain and the rest of the body. An injury to the spinal cord results in partial or complete paralysis below the level of injury. If you injure the spinal cord in your neck you will be tetraplegic, if you injure the spinal cord in your back you will be paraplegic.

Spinal cord injury (SCI) can

- be caused by disease or surgery to the spinal cord as well as by trauma.
- result in complete loss of movement and sensation below the level of the injury.
- happen to anyone, at any time and at any age.

Some facts about SCI

- Every day in Britain three people are permanently paralysed by damage to their spinal cord.
- As well as loss of mobility, SCI can also mean loss of control over bladder and bowels and loss of sexual function.
- The majority of people who become SCI are active and under 40 years old, although, a sharp increase in falls amongst older people is changing this profile.
- The most common causes of SCI are falls (45.5%), road traffic accidents (39.2%) and sports injuries (10.2%).



The Spinal Injuries Association



The Spinal Injuries Association provides services to assist and support spinal cord injured people from the moment of injury and for the rest of an individual's life. Specifically this means:

At the time of injury

- Information and advice for relatives of newly injured people from our Freephone Helpline.
- Contact with our Spinal Cord Injury Centre (SCIC) Peer Support Team.
- Access to the Relatives Travel Fund providing financial assistance.
- Publications to assist non-specialist staff caring for an SCI person.

During rehabilitation

- Contact with our SCIC Peer Support Team.
- Publications on a wide range of topics related to living with SCI.
- Full membership of SIA enabling free access to all support services.
- Receipt of bi-monthly magazine *FORWARD*.
- Access to legal advice on personal injury claims from SIA-approved firms listed in the *Directory of Personal Injury Solicitors*.

Return to the community

- Ongoing, one-to-one support from SIA's Peer Link Service.
- Access to SIA's Freephone Helpline for information and advice, with specialisms in ageing and health.
- Access to SIA's Community Link Scheme.
- Invitation to attend SIA's Healthy Living Roadshows.
- Participation in workshops held at SIA House.
- Access to SIA's employment service, *Workwise*, to explore employment or volunteering opportunities.
- Provision of literature to inform GPs and Community Nurses of specific needs.
- Full access to SIA's website www.spinal.co.uk
- Invitation to join regular website Chat Room Sessions.
- Opportunity to participate in SIA's *Campaigning for Change* conferences.

Statistics : British Association of Spinal Cord Injury Specialists (2001).

External affairs

Campaigning for Change was launched with funding from Comic Relief under its 'Fighting for Justice' grants programme. This funding is enabling SIA to build on its existing campaigning activity to ensure that the needs of spinal cord injured people are met and that the discrimination often faced by disabled people is overcome.



Aims Last Year

- To become the voice of SCI people in the fight to remove discrimination and ensure equality in accessing services.
- To bring about positive change and improvement in each of the areas that SCI people have identified as important.
- To encourage and support SCI people taking action on issues that face them at a local level.

Achievements 2005/2006

- National membership survey undertaken to identify the key issues on which SCI people wish SIA to campaign.
- A 20% response rate to national survey with priorities identified in general disability and specific SCI areas.
- Securing one year's advice and support from The Whitehouse Consultancy, specialists in public and parliamentary affairs.
- Launch of *Campaigning for Change*, SIA's manifesto for action for the next three years.
- Delivery of first regional campaigning seminar with 30 attendees, all of whom were SCI.
- Attendance at over 20 meetings with key politicians and decision makers to highlight the main issues faced by SCI people.
- Achieving a series of Parliamentary Questions concerning the national SCI Service.
- Launch of dedicated interactive area within SIA's website www.spinal.co.uk on external affairs activity.
- Regular articles on external affairs activity in SIA's bi-monthly magazine, *FORWARD*.
- Representation at key disability and health-related forums including the National Service Framework for Long Term Conditions.



Plans for 2006/2007

- To gain government support to preserve and improve the national SCI service.
- To increase awareness of SCI within NHS District General Hospitals.
- To raise standards in care and services for SCI people.
- To make a presentation on preserving and improving the national SCI service to the All-Party Parliamentary Disability Group.

- To stimulate further grass-roots support at regional level by engaging with SCI people in their local communities.
- To contribute to the national debate on all issues as they affect SCI people, including the reform of welfare benefits.
- To build stronger links with key politicians and decision makers to ensure that the voice of SCI people is heard.
- To hold the first in a series of SIA parliamentary receptions within the House of Commons.

- Attendance at national and international conferences including the UK Presidency European Disability conference *Improving the Life Chances of Disabled People*.
- Initiating regular meetings with the Minister for Disabled People to voice the needs of SCI people.
- Input, with regard to disability, to the Conservative Party's strategy on Health & Social Services, Welfare Benefit Reform and Transport.
- Responding to key consultation papers including the Welfare Reform Green Paper, *A new deal for welfare: Empowering people to work*.



Peer support

SIA's Peer Support Service provides one-to-one support from one spinal cord injured person to another. Each Peer Support Team, led by a spinal cord injured person, works within a Spinal Cord Injury Centre in either England or Wales, offering encouragement and support to newly injured people and their relatives.

We just wanted to say a big 'thank you' for all of your support and friendly advice throughout Barry's stay in the Sheffield Spinal Injuries Centre. Having someone to speak to and to show us some of the wonderful sports opportunities for people in wheelchairs was an instrumental part of our acceptance during this difficult process. Thank you for being so approachable and good humoured!



Aims Last Year

- To increase the availability of the service at the point of greatest need.
- To expand and diversify each Peer Support Team.
- To build the capacity within each Peer Support Team to offer timely and appropriate support and advice.
- To strengthen existing relationships within the NHS Spinal Cord Injury Centres.

Achievements 2005/2006

- The service reached 2,500 newly injured people and their relatives.
- Newly recruited volunteers reflect the wider SCI community in terms of ethnicity, age, gender and level of injury.
- All Peer Support Officers have been trained in presentation skills.
- Over 500 health professionals have accessed the service for specialist and personal knowledge about living with SCI.
- Representation by Peer Support Teams on Spinal Cord Injury Centres' Patient User Groups.

Plans for 2006/2007

- To expand Peer Support Teams to include a relative of a recently-injured person in order to offer greater support to families.
- To create an online presence for each Peer Support Team at www.spinal.co.uk
- To give 24-hour access to the Peer Support Service for ex-patients via the SIA website.
- To provide 24-hour access to information on SIA services by piloting information kiosks within Spinal Cord Injury Centres.
- To develop a Peer Link Service to provide ongoing support to those re-integrating into the community.
- To develop drop-in centres at all the Spinal Cord Injury Centres to provide timely information and advice.



Community Peer Support extends beyond the secure and specialist environment of the Spinal Cord Injury Centre to assist those living in the community. The Service also targets those who have undergone rehabilitation in a district general hospital.



Aims Last Year

- To expand and diversify the volunteer base of the Community Peer Support Team in Wales.
- To create a regional online presence for both Wales and the north-east of England.
- To reach SCI people within their own homes through online, interactive media.
- To inform non-specialist staff at district general hospitals of the particular needs of SCI people.

Achievements 2005/2006

- A 50% increase in volunteer involvement within Wales and 100% increase in the north-east of England.
- The launch of a regional website at www.siawales.org.uk
- Eighty participants logged on to quarterly Chat Room sessions to discuss a range of topics.
- The Community Peer Support Officer in Wales addressed a regional conference of District General Hospital nurses in Cardiff.
- 100 visits per day to www.siawales.org.uk
- The appointment of an SCI Community Peer Support Officer for the north-east of England.
- Established links with Out-Patient Clinics at non-specialist hospitals in the north-east of England.
- Publication of a new regional newsletter for both Wales and the north-east of England.
- Representation on Northumberland and Tyne & Wear Strategic Health Authority.
- Attendance at the *Disability North* exhibition.
- Representation of regional interests at SIA Governance level.

Plans for this year 2006/2007

- To launch the north-east website at www.sianortheast.org.uk
- To develop a Peer Link Scheme to take a more proactive role in meeting the needs of SCI people living in the community.
- To launch the Peer Link Scheme throughout the UK.
- To continue to expand the volunteer base at a regional level.

During my six months in the Spinal Injuries Centre, your Peer Support Officer was superb. She portrayed SIA in a way that helped me put my life back together. She and the peer support team have given me the mental drive to reclaim my mobility, get back to my family and job and lead as normal a life as possible. So, how do you say thank you for that? You can't, but you can start by letting people know just what a difference they have made. Thank you!

Freephone helpline 0800 980 0501

Offers a free and confidential telephone advice service, providing information and support to spinal cord injured people across the world, from the moment of injury, throughout their lives. The Helpline also supports the work of the Ageing, Employment and Health Information Services, and informs the content of the Healthy Living Roadshows and the Association's bi-monthly magazine *FORWARD*.



Aims Last Year

- To enhance the SIA Helpline by offering a wider range of expert advice.
- To offer greater independence and choice to those using our services.
- To increase the number of Helpline users.
- To increase the number of factsheets on specialist topics.
- To address the needs of young SCI people making the transition from childhood to adulthood.
- To launch a specialist Health Information Service.
- To ensure our Helpline is accessible to all.

Achievements 2005/2006

- SIA's Freephone Helpline responded to 3,250 enquiries.
- Health Information Officer recruited and Health Information Service launched.
- New Health Information Service responded to over 450 specific health-related enquiries.
- Publication of four new factsheets on *Pressure Care, Diet & Nutrition, Motherhood, and Women's Health*.
- Securing of funding from the Diana, Princess of Wales Memorial Fund, for publication of a *Young Person's Handbook*.
- Establishing *Voice Choice* telephone translation for callers for whom English is not their first language.
- Making SIA publications available in alternative formats.

Thank you so very, very much for all your help. It is comforting to know that whenever I ring, I am speaking to someone who is understanding and cares about my situation. It's a relief to know that such a service exists

Plans for 2006/2007

- To launch a new specialist service for those ageing with a spinal cord injury.
- To develop a Direct Payments specialism within the Helpline.
- To develop the work and outreach of the Health Information Service.
- To launch a new specialist service for SCI people wishing to return to, retrain or volunteer for employment.
- To expand the SIA Freephone Helpline to offer an online advisory service in 'real time'.
- To produce a further three factsheets on health related issues.

Many, many thanks for supplying me with the information I needed. I do not wish to sound corny or sickly, but I am so very grateful I really am. The help given to me by SIA has been a tonic. I feel very uplifted by the way you have gone to so much trouble to help me.

Healthy Living Roadshows

Living a healthy lifestyle is important for spinal cord injured people who must ensure they maintain good regimes for bowel, bladder and skincare. Nutrition and exercise are also contributing factors to these regimes. The aim of the Healthy Living Roadshows is to demonstrate, through talks, user presentations and one-to-one discussion, how to live a healthy life as a wheelchair user.



Aims for Last Year 2005/2006

- To provide a series of Healthy Living Roadshows across various geographic locations in England and Wales.
- To ensure good levels of attendance by SCI people and interested healthcare professionals.
- To work closely with Spinal Cord Injury Centre staff across England and Wales in the delivery of each Roadshow.
- To invite the participation of exhibitors and other like-minded organisations to each event.

Achievements 2005/2006

- Healthy Living Roadshows held in the north-east of England and the Home Counties.
- Each Roadshow attended by an average of 45 participants.
- Each Roadshow supported by staff from the regional Spinal Cord Injury Centre.
- Each Roadshow featured two user presentations from spinal cord injured people.
- Information on complementary therapies and exercise programmes introduced for the first time.
- New series of Health Information factsheets *Help Yourself to Health* launched at the Roadshow.
- Existing partnership with Roadshow sponsor, Astra Tech Ltd, strengthened.
- Support for the Roadshows from other spinal cord injury organisations, Back-Up and Aspire.

The Healthy Living Roadshow was, for me, a thoroughly enjoyable day. Not only did it reinforce that I was still doing some things right, even after 25 years as a tetraplegic, but I learned a couple of new tricks on bowel management too. My parents also gained information from the perspective of carers and we were pleased to meet up with some old friends not seen for several years.

The greatest inspiration for me was Clarence Adoo a tetraplegic, former musician, who spoke about the process of hiring personal assistants, teaching them about how to care for your body, and building a good relationship with them so they take an interest in your well-being. His talk has really encouraged me to try and employ my own PAs in future. There is security in sticking to the old ways of doing things, but my parents are now in their 70s and won't be able to care for me forever.

We travelled for four hours each way in order to attend the Roadshow, but it was well worth going. There was a good mix of people there and I'm tempted to go to another when one comes in my direction.

Plans for 2006/2007

- To hold three more Healthy Living Roadshows in areas not visited to date.
- To expand the programme content to include additional health-related topics.
- To engage the services of specialist staff from Spinal Cord Injury Centres in the regions to be visited.
- To raise the number of attendees through increased promotion.
- To produce three more Health Information factsheets in the *Help Yourself to Health* series.
- To explore new partnership working and themes for future Roadshows.

Library publications & website

The written word is integral to ensuring that service users are able to access appropriate information, and key to the spread of knowledge on spinal cord injury. SIA's library and publications strive to ensure that comprehensive and up-to-date information is available to spinal cord injured people, their relatives and carers, as well as the medical and research establishment.

The website, www.spinal.co.uk, with its Message Boards and hosted chat room sessions, provide the means for spinal cord injured people to support each other.



Aims Last Year

- To create within SIA House the first dedicated library on Spinal Cord Injury.
- To expand the range of SIA's publications and broaden the readership.
- To develop SIA's website presence offering information to over 40,000 people.
- To ensure that all publications and online information is readily accessible by all.
- To expand the opportunities for SIA's online community to 'meet' and exchange information and personal experiences.
- To build closer relationships with SIA's membership through the publication of its bi-monthly magazine *FORWARD*.
- To re-launch *FORWARD* in a new house style to reflect SIA's corporate image.
- To make all of SIA's resources more accessible to users.

Achievements 2005/2006

- Opening of the SIA library on Spinal Cord Injury by SIA's Patron, HRH The Princess Royal, in December 2005.
- Over 150 visits made to the Library by members, carers, health care professionals and students.
- Purchase of new publications for the library.
- Securing of funds to expand the publication range to include those for paramedics, GPs, and young people.
- Production of six issues of *FORWARD* distributed to over 7,500 members and supporters in a new accessible format.
- Over 1,000 unique visitors per day to the SIA website www.spinal.co.uk
- 120-plus messages posted to the Message Board each month.
- 2,000-plus visits to the hosted chat-room sessions.
- An increase in the number of Chat Room Hosts, all of whom are spinal cord injured.
- Wider availability of interactive sessions in the Chat Room.
- All new SIA publications produced using the Plain English Campaign standard.



I am a friend of Jane's from way back, when we lived in Spain together prior to her accident. I am over here with my husband and daughters visiting my parents, so of course came to visit Jane. She writes to me regularly and has mentioned you many times. I want to thank you for helping to give Jane some of her confidence back and making her want to live her life a little more fully. Please pass my thanks on to other people in the Chat Room.

The last time I saw Jane was 18-months-ago. I went home in tears about the state she was in. My mum and I were both convinced she had given up on life. This year she is halfway back to how she used to be. She has two live-in carers and this is changing her life for the better. They are great folk.

Plans for 2006/2007

- To appoint a dedicated librarian to promote and manage the service.
- To develop the Intranet to enable the library to be accessed online.
- To launch new publications for GPs, A&E staff, young people, carers and those who are spinal cord injured.
- To create an online presence for each regional Peer Support Team, including Chat Rooms and a Message Board.
- To create new interactive online features on the website.
- To increase the frequency of Chat Room sessions from two to five per week.
- To continue to theme issues of *FORWARD* to reflect the concerns of the readership.



Paul Smith, SIA Executive Director, in the library at SIA House.

Fundraising

It's been a busy and successful year in the fundraising department. We celebrated the end of the Capital Appeal and enjoyed many other highlights during the year.

Thank you to every one who has wheeled, walked, run, swam, sky-dived, pushed, collected, donated, attended events and volunteered for SIA. We would not have achieved as much as we did during the year without the incredible efforts of our members and supporters and the generosity of our trust, foundation and corporate supporters.



Aims Last Year

- To strengthen existing relationships with charitable trusts and foundations and to develop greater support at a regional level.
- To secure new funding for employment, health information and ageing services.
- To secure funding for a range of new and updated publications on spinal cord injury.
- To develop a Legacy Campaign to encourage members to remember SIA in their wills.
- To strengthen existing relationships with our corporate partners and develop new partnerships.
- To continue to develop our fundraising from equestrian events.
- To strengthen our relationships with the motor racing, horse racing, and polo industries.
- To be an active partner in raising funds for the Newbury Racecourse Centenary Appeal.
- Developing new city links and continuing support from the financial, banking and legal professions.
- Legal, city and local Milton Keynes firms supported five glittering, black-tie fundraising events:
 - the sell-out Cornflower Ball in Manchester this year had a record 400 attendees.
 - the Black Pearl Ball in Birmingham.
 - the Christmas Ball at Woburn Abbey.
 - the Oil and Gas Quiz.
 - the Thanksgiving Ball which was held in the gracious presence of HRH The Princess Royal at the Café Royal and raised £110,000.
- Over £160,000 was raised this year through equestrian, polo and motor-racing events, including Doncaster, Newbury, Salisbury, Uttoxeter, Wincanton and Kirtlington Charity Race Days.

Achievements 2005/2006

- Over £285,000 was secured from national and regional charitable trusts and foundations, and statutory sources.
- Significant funding was secured from the Big Lottery Fund for the *Healthy, Wealthy & Wise* project.
- Funding secured for a range of new publications aimed at meeting the needs of GPs, A&E staff and SCI people of all ages.
- The launch of a Legacy Campaign, including securing the support of solicitors offering free will-writing services to SIA members.
- SIA was one of the official charities at the Olympia International Horse Show. A private supper with HRH The Princess Royal was one of the highlights of the event.
- SIA was also very fortunate to benefit from a private supper in Sir Frank Williams' Formula1 motor home where guests met the Williams/BMW drivers and other members of the team.
- The Newbury Centenary Gala raised over £200,000 for four charities.
- Community fundraising raised over £80,000 this year from the National Raffle, Christmas card sales and numerous local fundraising initiatives.



Plans for 2006/2007

- To continue to build on our trust fundraising successes and identify new development initiatives.
- To investigate opportunities for greater support from statutory sources.
- To continue to promote the Legacy Campaign through the production of dedicated materials and information days.
- To build on the success of our fundraising at equestrian events by identifying new opportunities.
- To secure more corporate partners and *Charity of the Year* nominations.
- To continue to grow the Corporate Partnership Programme.
- To create an online fundraising presence including a mechanism for web donations at www.spinal.co.uk
- To establish a Major Gift Campaign and a Fundraising Committee to drive our fundraising strategy and initiatives.



Fundraising

SIA is extremely grateful to all those Trusts and Foundations which have supported our work in 2005/2006.

SIA is also grateful to those companies who support events, projects and campaigns and who provide corporate donations, sponsorship, and auction prizes. Many thanks also to the staff of these companies who support SIA through volunteering, committee participation and payroll giving. And to the committees, riders, owners, trainers, racecourses and many others involved in making the race days such a success.

We are also thankful to those people who have thoughtfully left a legacy to SIA.

Principal Supporters

Army Benevolent Fund
Comic Relief
Department of Health
Donald Forrester Trust
Esmee Fairbairn Foundation
Northern Rock Foundation
The Alice Ellen Cooper Dean
Charitable Foundation
The Childwick Trust
The Diana, Princess of Wales
Memorial Fund
The Harold Hyam Wingate
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The Injured Jockeys Fund
The Mercers' Company
The Rank Foundation
The Royal Air Force Benevolent Fund
Wales Council for Voluntary Action



Corporate Supporters

Active Assistance
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Wetherspoon Management



Trusts and Foundations

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Elizabeth & Prince Zaiger Trust
Energy Saving Trust
Joseph Strong Frazer Trust
King's Wood charitable trust & trustees
of Sandra Charity
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Millichope Foundation
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The Gosling Foundation
The Harry Bottom Charitable Trust
The Horace and Marjorie Gale
Charitable Trust
The Ian Fleming Charitable Trust
The Rainford Trust
The Rothschild Foundation
The Thompson Family Trust
The W.E.D. Charitable Trust

Other supporters

Ella and Tony Allcroft
SIA Merseyside Group
JA and K Campbell
Guy Vince
Susan Harding
Camilla Henderson
Sasha Green
JC Smith
Anna Louise Mackinnen
Sir David Sieff
Earl Cadogan
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Brian Stewart Brown
Mathew Green
James Nesbitt
Jeff Smith
Al Mackinnen
Susan Harding
Mary Morrison
Jamie Osborne
Nicky Henderson
David & Adrian Dent
David Allport
Stan James
Robert Alner & Friends
John Hales – Golden Bear
Andy Stewart
John Ayres
The late Mel Davis

Legacies

Ieuan Richard Hughes

Financial Statement

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF THE SPINAL INJURIES ASSOCIATION

This report is made solely to the charitable company's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditors

The responsibilities of the trustees (who are also the directors of Spinal Injuries Association for the purposes of company law) for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) are set out in the Statement of Trustees' Responsibilities.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985 and whether the information given in the Trustees'/Directors' Report is consistent with the financial statements. We also report to you if, in our opinion, the charitable company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and other transactions is not disclosed.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgments made by the trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charitable company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of affairs of the charitable company and group as at 5 April 2006 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended and have been properly prepared in accordance with the Companies Act 1985; and

- the information given in the Trustees'/Directors' Report is consistent with the financial statements.

BAKER TILLY, Registered Auditor, Chartered Accountants, Exchange House, 446 Midsummer Boulevard, Milton Keynes MK9 2EA

CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

Including the consolidated income and expenditure account for the year ended 5 April 2006

	2006 £	2005 £
Incoming resources		
Incoming resources from generated funds:		
Voluntary income:		
Grants and donations	752,907	929,382
Activities for generating funds:		
Fundraising activities	691,904	753,087
Trading activities	19,395	17,370
Investment income	12,634	48,679
	<u>1,476,840</u>	<u>1,748,518</u>
Incoming resources from charitable activities:		
Publications and Training	110,967	111,447
Total incoming resources	<u>1,587,807</u>	<u>1,859,965</u>
Resources expended		
Cost of generating funds:		
Fundraising costs of grants and donations	175,542	108,830
Fundraising activities	320,748	373,199
Trading activities	10,249	9,310
Sub total cost of generating funds	<u>506,539</u>	<u>491,339</u>
Charitable activities:		
Services and Publication	650,504	664,938
Awareness Raising	134,747	90,692
Sub total charitable activities	<u>785,251</u>	<u>755,630</u>
Governance costs	95,449	125,232
Total resources expended	<u>1,387,239</u>	<u>1,372,201</u>
Net incoming (outgoing) resources before transfers	200,568	487,764
Gross transfers between funds	-	-
Net incoming (outgoing) resources before revaluation	200,568	487,764
Gains/losses on revaluations of Investment assets	2,850	(1,020)
	<u>203,418</u>	<u>486,744</u>
Net movement of funds in year	203,418	486,744
Total funds as at 5 April 2005	2,044,772	1,558,028
Total funds as at 5 April 2006	<u>2,248,190</u>	<u>2,044,772</u>

The charitable company has no recognised gains or losses other than the results for the year as set out above. All of the activities of the charitable company are classed as continuing except where indicated otherwise.



CONSOLIDATED BALANCE SHEET as at 5 April 2006

	2006 £	£	2005 £	£
Fixed Assets				
Tangible assets		2,158,623		1,297,862
Investments		15,360		12,510
		<u>2,173,983</u>		<u>1,310,372</u>
Current assets				
Debtors	124,886		156,757	
Short term deposits	25,000		521,140	
Cash at bank and in hand	308,312		155,579	
	<u>458,198</u>		<u>833,476</u>	
Current liabilities				
Creditors: amounts falling due within one year	(383,991)		(99,076)	
Net current assets		74,207		734,400
Total assets less current liabilities		<u>2,248,190</u>		<u>2,044,772</u>
Represented by				
Funds				
Unrestricted				
Designated funds		798,529		856,169
(Revaluation reserve £11,280; 2005 £8,430)				
Other charitable funds		318,566		397,629
		<u>1,117,095</u>		<u>1,253,798</u>
Restricted		1,131,095		790,974
Total funds		<u>2,248,190</u>		<u>2,044,772</u>

The financial statements on pages 12 to 25 were approved by the trustees on 12 August 2006 and signed on their behalf by:

Jonathan Wilkes ACA
Treasurer

Legal and administrative information

Patron
HRH The Princess Royal
President
Baroness Masham of Iilton
Trustees and Board Directors
John Borthwick*
Vice-Chair

Moray Cook*
Peggy Deane*
Jonathan Fogerty*
Bart Hellyer* *Chair*
Michelle Howard*
Darren Hughes*
Judith Jesky*
Becky Mason* *Vice-Chair*
Elizabeth Martin*
Martin McClelland FRCS
Hugh Stewart*
Michael Tennison MBE*
John Van Dongen MBE*

Alan West*
Jonathan Wilkes
Treasurer
James Wood*
David Wyper
* denotes disabled person
Management Team
Paul Smith
Executive Director
Mary Ann Tyrrell
Director of Services
Cassie Dullea
Director of Fundraising

Company Secretary
Paul Smith
Solicitors
emw law
Secklow House
101 North 13th Street
Milton Keynes MK9 3NX
Bankers
Barclays Bank plc
Muswell Hill
London N10 1DD

Registered office
SIA House
2 Trueman Place
Oldbrook
Milton Keynes MK6 2HH

Registered Charity
No 1054097
Charitable Company
No 3175203

Donations

Regular giving by Standing Order, especially when combined with Gift Aid, makes a huge difference.

Events

We have lots of exciting participation events like the London Marathon – visit our website for more information.

Community events

You and your friends or work colleagues might like to organise an event locally to help us.

Payroll giving

If your company offers this, you could contribute monthly.

Legacies

Your legacy will have a lasting impact on the future of spinal cord injured people and their families.

Corporate giving

Perhaps your company would like to nominate us as their *Charity of the Year*, or support us through our Corporate Partnership Programme?

Here's what we can achieve with your help

- £25 provides ongoing help to one person through our Freephone Helpline.
- £100 pays for a twice-weekly chatroom on our website for one month.
- £250 supports our website and chatrooms for a week.
- £500 funds a Peer Support team in a Spinal Cord Injury Centre for two weeks.
- £1,000 researches, produces and distributes six information factsheets.
- £2,500 runs the Freephone Helpline for one week.
- £5,000 funds a new information booklet for spinal cord injured people.

Conveen Optima

Conveen Optima is the next generation in uri-sheath technology. Carefully designed for both confidence and convenience, **Conveen** Optima offers five key features:

- Pliable silicone for superior comfort
- Unique Smart Pack for discretion
- Anti-leakage system to keep you dry
- Double grip strip for easy application
- Balanced adhesive for healthy skin



Making more things possible

If you would like to receive a free sample of **Conveen** Optima, please complete and return this coupon to Coloplast Limited, Peterborough Business Park, Freepost AN3 3545, PE2 6BR

Name _____

Address _____

Phone _____

email _____

I would like Coloplast to keep me updated with relevant information on products and services. To do this I understand that Coloplast will keep the necessary personal information on its database and I may ask to see this information. We will not disclose this information to a third party.

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0800 220 622

