

# Spinal Cord Injury Centres across the UK

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## WHAT IS SIA?

SIA is the national organisation for people with spinal cord injuries and their families. If you, a relative or friend is paraplegic or tetraplegic, or you are interested in our work, why not join us? We welcome all as members. Full membership (if you are spinal cord injured) is £15 in the UK, £25 in Europe and £32 elsewhere per annum. Junior membership (17 and under) is free.

Associate membership (prices the same as Full membership) is open to everyone interested in our work and to other disabled people. Affiliate membership (companies and organisations) is £85 per annum, while Life Membership is a one-off payment of £200.

SIA publishes a lively bi-monthly magazine *FORWARD* packed with news and views which is free to members. We also circulate a bi-monthly Online Newsletter, 'e-clips' to all who subscribe (free) while our popular interactive Website offers Chat Rooms and a MessageBoard as well as hundreds of pages of useful information.

We produce a wide range of publications (available to purchase) which deal with all aspects of living with spinal cord injury, eg books on bowel and bladder management, sexuality, publications for health care professionals, as well as sports opportunities. We also have an extensive series of Factsheets on a wide range of topics, and, for those pursuing a compensation claim, we publish a Directory of Personal Injury Solicitors.

Our Advice Line is accessible by e-mail, fax, post and telephone and provides accurate and up-to-date information on subjects including welfare advice, specialist equipment, legal rights etc as well as health related topics. We run an employment service, workwise, for those wishing to return to employment or take up retraining or volunteering. Our Health and Ageing projects both work to improve the quality of life of spinal cord injured people and can be accessed via the Advice Line. Externally, our Peer Support Service, staffed by spinal cord injured people, operates at the Spinal Injuries Centres in England, Wales and Northern Ireland.

SIA also actively campaigns on vital issues affecting the everyday lives of disabled people, set out in our manifesto 'Campaigning for Change'. We are represented on major voluntary and statutory bodies and our own Governing Board is composed of spinal cord injured people. We have our own state-of-the-art premises, SIA House, which combines the twin principles of inclusive design and accessibility and from here we run the only specialist spinal cord injury Library in the country.

To find out more, or join us, please write to us at:

Spinal Injuries Association, SIA House, 2 Trueman Place, Oldbrook, Milton Keynes MK6 2HH or contact us on:

Tel: 0845 678 6633 (General Office – 9-5)  
0800 980 0501 (Freephone Advice Line, 9.30-1pm & 2pm– 4.30pm)  
Fax 0845 070 6911  
Website: [www.spinal.co.uk](http://www.spinal.co.uk)  
E-mail: [sia@spinal.co.uk](mailto:sia@spinal.co.uk)

# Spinal Cord Injury Centres across the UK

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## Belfast

Spinal Cord Injuries Unit  
Musgrave Park Hospital  
Stockman's Lane  
Balmoral  
BELFAST  
BT9 7JB

Tel: 028 9090 2000  
Fax: 028 9090 2222  
Minicom: 028 9066 3008

Web: [www.belfasttrust.hscni.net](http://www.belfasttrust.hscni.net)  
Email: [info@belfasttrust.hscni.net](mailto:info@belfasttrust.hscni.net)

## Dublin

National Medical Rehabilitation Centre  
Rochestown Avenue  
Dunlaoghaire  
DUBLIN  
Eire  
SB 30

Tel: +353 1 2854 777  
Fax: (01) 285 1053

Web: <http://www.nrh.ie/home.htm>  
Email: [enquiries@nrh.ie](mailto:enquiries@nrh.ie)

## Glasgow

Queen Elizabeth National Spinal Injuries Unit,  
Southern General Hospital,  
Acute Services Division,  
NHS Greater Glasgow & Clyde,  
1345 Govan Road,  
Glasgow, G51 4TF

Tel: 0141 201 2555  
Fax: 0141 201 2778

Web: [www.spinalunit.scot.nhs.uk](http://www.spinalunit.scot.nhs.uk)  
Email: [spinalunit@ggc.scot.nhs.uk](mailto:spinalunit@ggc.scot.nhs.uk)

## Middlesbrough

The North of England Spinal Injuries Centre  
The James Cook University Hospital  
Marton Road  
MIDDLESBROUGH  
Cleveland  
TS4 3BW

Tel 01642 850850-Switchboard

Tel: 01642 282645-Direct Line

Web: [www.southtees.nhs.uk/live/](http://www.southtees.nhs.uk/live/)

## Oswestry

The Midlands Centre for Spinal Injuries  
The Robert Jones & Agnes Hunt Orthopaedic  
Hospital  
OSWESTRY  
Shropshire  
SY10 7AG

Tel: 01691 404363  
Fax: 01691 404260

Web: [www.rjah.nhs.uk](http://www.rjah.nhs.uk)

## Rookwood

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Welsh Spinal Injuries and Neurological  
Rehabilitation Centre  
Rookwood Hospital  
Fairwater Road  
Llandaff  
CARDIFF  
CF5 2YN

Tel 029 2041 5415

Web: [www.cardiffandvale.wales.nhs.uk](http://www.cardiffandvale.wales.nhs.uk)

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## Salisbury

The Duke of Cornwall Spinal Treatment Centre  
Salisbury District Hospital  
Odstock Road  
SALISBURY  
SP2 8BJ

Tel: 01722 336262 ext 2430  
Fax: 01722 336550

Web: [www.spinalinjurycentre.org.uk](http://www.spinalinjurycentre.org.uk)

## Sheffield

The Princess Royal Spinal Injuries Centre  
Northern General Hospital  
Osborne Building  
Herries Road  
SHEFFIELD  
S5 7AU

Tel 0114 226 6981 (unit)  
Tel 0114 243 4343 (hospital)

Web: [www.sth.nhs.uk](http://www.sth.nhs.uk)  
(then search for Northern General Hospital)

## Southport

The West Regional Regional Spinal Injuries  
Centre  
Southport and Formby District General  
Hospital  
Town Lane  
Kew  
SOUTHPORT  
PR8 6PN

Tel 01704 547471

Web:  
[www.southportandormskirk.nhs.uk/spinal.asp](http://www.southportandormskirk.nhs.uk/spinal.asp)

## Stanmore

Spinal Cord Injuries Centre  
Royal National Orthopaedic Hospital  
Brockley Hill  
STANMORE  
HA7 4LP

Tel 020 8954 2300

Web: [www.rnoh.nhs.uk](http://www.rnoh.nhs.uk)

## Stoke Mandeville

National Spinal Injuries Centre  
Stoke Mandeville Hospital  
Mandeville Road  
AYLESBURY  
Buckinghamshire HP21 8AL

Tel 01296 315000  
Fax: 01296 315268

Web: [www.spinal.org.uk](http://www.spinal.org.uk)

## Wakefield – Pinderfields

### Patient Liaison Team

Directorate of Nursing, Governance and  
Patient Experience  
Rowan House, Pinderfields General  
Hospital  
Aberford Road, Wakefield, WF1 4EE

Tel: 01924 212056  
Tel: 0844 811 8110  
Fax: 01924 212809

Web: [www.midyorks.nhs.uk](http://www.midyorks.nhs.uk)

E-mail:  
[paul.jepson@midyorks.nhs.uk](mailto:paul.jepson@midyorks.nhs.uk)

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