LIVING WITH SCI FACTSHEETS





SPINAL CORD INJURIES CENTRES

Spinal Injuries Centres Across the UK

Belfast

Spinal Cord Injuries Unit Musgrave Park Hospital Stockman's Lane Balmoral

BELFAST BT9 7JB T: 028 9090 2000

Minicom: 028 9066 3008 W: www.belfasttrust.hscni.net @: info@belfasttrust.hscni.net

Dublin

National Medical Rehabilitation Centre Rochestown Avenue Dunlaogharie Dublin Eire SB 30

T: +353 1 2854 777 W: www.nrh.ie/home.htm

@: enquiries@nrh.ie

Glasgow

Queen Elizabeth National Spinal Injuries Unit Southern General Hospital 1345 Govan Road Glasgow G51 4TF

T: 01412 012555

W: www.nsd.scot.nhs.uk/services/specserv/spinalinjuries.html

Midlesborough

The Golden Jubilee Spinal Injuries Centre James Cook University Hospital Marton Road Middlesborough TS4 3BW

T: (Direct Line for Spinal Rehab) 01642 282645

T: 01642 282641

W: www.southtees.nhs.uk/services/spinal-injuries/

Oswestry

The Midland Centre for Spinal Injuries
The Robert Jones & Agnes Hunt Orthopedic Hospital
NHS Foundation Truust
Oswestry

Shropshire SY10 7AG

T: 01691 404363

W: www.rjah.nhs.uk/Our-Services/Spinal-Injuries-Unit

Rookwood

Welsh Spinal Injuries and Neurological Rehabilitation Centre Rookwood Hospital Fairwater Road Llandaff Cardiff CF5 2YN

T: 02920 415 415

W: www.cardiffandvaleuhb.wales.nhs.uk/our-hospitals

Salisbury

Duke of Cornwall Spinal Treatment Centre Salisbury District Hospital Odstock Road Salisbury SP2 8BJ

T: 01722 336262 ext 2430

W: www.spinalinjurycentre.org.uk

Sheffield

The Princess Royal Spinal Injuries Centre Northern General Hospital Osborne Building Herries Road Sheffield S5 7AU

T: 01142 266981 (unit) **T:** 01142 434343 (hospital)

W: www.sth.nhs.uk/our-hospitals/northern-general-hospital

Southport

North West Regional Spinal Injuries Centre Southport District General Hospital Town Lane Southport PR8 6PN

T: 01704 704333

W: www.southportandormskirk.nhs.uk/spinal/

Stanmore

Spinal Cord Injuries Centre Royal National Orthopedic Hospital Brockley Hill Stanmore HA7 4LP

T: 02089 542300 (switchboard)

W: www.rnoh.nhs.uk/clinical-services/spinal-cord-injury-centre

Stoke Mandeville

National Spinal Injuries Centre Stoke Mandeville Hospital Mandeville Road Aylesbury HP21 8AL

T: 01296 315872

W: www.buckshealthcare.nhs.uk/NSIC Home/spinal

Wakefield - Pinderfields

Yorkshire Regional Spinal Injuries Centre Pinderfields Hospital Aberford Road Wakefield WF1 4DG

T: 01924 542053 (main desk)

T: 01924 542057

W: www.midyorks.nhs.uk/main.cfm?type=PINDERFIELDSHOSPIT

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The Spinal Injuries Association (SIA) is the leading national user-led charity for spinal cord injured (SCI) people. Being user led, we are well placed to understand the everyday needs of living with spinal cord injury and are here to meet those needs by providing key services to share information and experiences, and to campaign for change ensuring each person can lead a full and active life. We are here to support you from the moment your spinal cord injury happens, and for the rest of your life.

For more information contact us via the following:

Spinal Injuries Association SIA House 2 Trueman Place Oldbrook Milton Keynes MK6 2HH

T: 01908 604 191 (Mon – Fri 9am – 5pm)

T: 0800 980 0501 (Freephone Advice Line, Mon – Fri, 11am – 1pm/2pm – 4.30pm)

W: www.spinal.co.uk E: sia@spinal.co.uk

Charity No: 1054097

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PLEASE SUPPORT SIA

SIA relies on fundraising, donations and gifts in wills to provide services that help spinal cord injured people rebuild their lives.

With your help, we can provide the right support to spinal cord injured people and

their families and friends so they can enjoy a full and independent life after injury. Your donation today will go towards changing someone's life.		
I would like to give: £15	£20	other amount £
Method of payment I enclose a cheque/postal order/CAF voucher made payable to Spinal Injuries Association.		
☐ I would like to pay by Mastercard/Visa/Maestro/Switch (delete as appropriate)		
Card number		
Start date	Expiry Date	Security Code
Signature /		Date
Name		
Address		
Postcode	Tel no	
Email address		
Please gift aid my donation		
If you tick the box it means for every £1 you donate we can claim an extra 25p from the taxman, at no extra cost to you. You need to pay an amount of income tax or capital gains tax at least equal to the tax we reclaim from HM Revenue and Customs – currently 25p in every £1 you give.		
Please send your donation to: FREEPOST SPINAL INJURIES ASSOCIATION or you can donate online at www.spinal.co.uk		

Thank you for your support!