

NETWORK DIRECTORY



**A national network of people, partners and services
for everyone affected by spinal cord injury**

WELCOME

We've put together this directory so you can see at a glance some of the best services for people affected by spinal cord injury. Our trusted partners and business members complement SIA's support for SCI people and their families in all aspects of a fulfilled life post-injury.



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PLEASE GET IN TOUCH

Injured person or family member

If you or a family member is spinal cord injured, you can reach us as follows:

To book a meeting with your local support coordinator

> find your local contact on our website

To book a telephone consultation with our SCI clinical specialists

> please complete our referral form or email SCINurseSpecialists@spinal.co.uk

For help with funding, care, access issues or professional, peer-led counselling

> please call our support line on 0800 980 0501, 9am to 5pm, Monday to Friday

Healthcare professional

If you're a healthcare professional caring for spinal cord injured people, please get in touch:

To enquire about training and SCI education

> please contact academy@spinal.co.uk

Organisation

If you're an organisation supporting spinal cord injured people, we'd love to hear from you:

To enquire about our trusted partner and business member schemes

> please contact corporate@spinal.co.uk or call 01908 604 191 (option 3) or meet the team on page 38

Whatever your connection, please follow us to find out more and help spread the word about how we can help.

spinal_injuries @spinalinjuries Spinal Injuries Association Spinal Injuries Association

WHAT IS SPINAL CORD INJURY?

Around 50,000 people are living with spinal cord injury (SCI) in the UK. Each year, another 2,500 people are injured or diagnosed – one every four hours – through accident, injury, or health conditions such as a tumour or spinal compression.

Spinal cord injury is life-changing, causing paralysis and loss of sensation below the level of damage to the spinal cord. Spinal cord injured people might not be able to walk or might lose control of their bladder and bowel function.

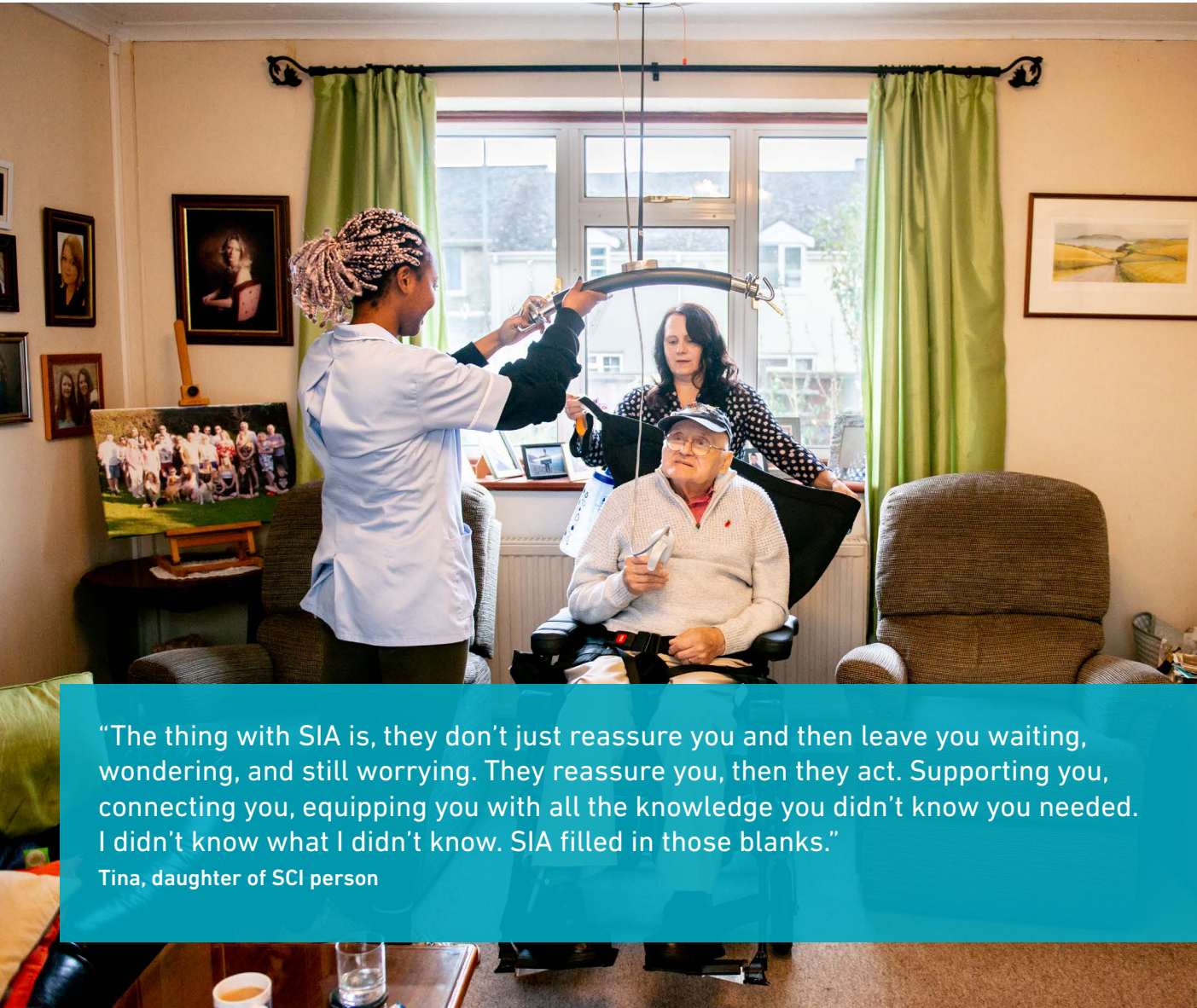
People with a higher-level injury may also have limited or no hand and arm function or rely on a ventilator to breathe. Some people might still be able to walk but experience other complications because of their injury.

A spinal cord injury can be hugely traumatic – for both the person directly affected and their family.

The news that you may never walk again, or can no longer control your bladder or bowels, is devastating. The physical and psychological impact of sustaining a life-changing disability that affects every aspect of your own life, and the lives of those closest to you, is undeniably huge.

This national directory – alongside SIA's regional support network guides – is designed to help anyone affected by spinal cord injury build a network of practical, emotional and psychological support to help them lead an independent and fulfilled life post-injury.

Scroll through to find out more about how SIA – and our network of trusted partners and business members – can help people rebuild all aspects of their lives at any point after sustaining a spinal cord injury.



"The thing with SIA is, they don't just reassure you and then leave you waiting, wondering, and still worrying. They reassure you, then they act. Supporting you, connecting you, equipping you with all the knowledge you didn't know you needed. I didn't know what I didn't know. SIA filled in those blanks."

Tina, daughter of SCI person

HOW SIA CAN HELP

A fulfilled life for everyone affected by spinal cord injury

Spinal Injuries Association (SIA) is the expert, guiding voice for life after spinal cord injury. We are a membership organisation – here for the 50,000 people living with spinal cord injury – as well as the hundreds of thousands of people who are their families, friends, carers and healthcare providers.

We want to make sure everyone affected by SCI has:

- a health and care system that meets their needs
- access to expert support and advocacy at any point
- an informed and supportive society

Compassionate, courageous, collaborative and inclusive – we listen to our service users and members, equip them with and connect them to the knowledge, skills and support they need to lead a fulfilled life.

A nationwide network of support

One of the ways we do this is through coordinating a national network of support services. Our trusted partners and business members can offer specialist support in all aspects of living well with a spinal cord injury.

If you visit the ‘[Get support](#)’ section of our website, or look through your regional support network guide, you’ll see we split our information, support and advocacy for people affected by spinal cord injury into three areas as follows:

Body Matters



Practical advice from a peer on sensitive, must-know topics such as bladder and bowel management, self-image, relationships and sexual function, plus expert advice from clinical specialists.

Mind Matters



Emotional support from peers who've been there, and a unique peer-led counselling service to help people and their families adapt to life with spinal cord injury.

Life Matters



An experienced team with a proven track record of success in advocating and campaigning for the rights of SCI people and supporting them with getting back to work, wheelchair skills, transport, holidays or starting a family.

> Alternatively, you can [search by region](#) and meet the SIA team – and extended team of trusted partners and other businesses – who operate in each geographical area.

In this national directory, we've listed our partners, business members and the other organisations with whom we work. We've grouped them by sector, according to the type of services they provide. Under each individual entry, you'll see the organisation's location and where they operate, as well as the range of services they offer.

The sectors covered include:

- specialist SCI centres
- care
- legal
- finance

A NETWORK OF TRUSTED PARTNERS AND BUSINESS MEMBERS



As well as the services SIA can offer, at no cost to spinal cord injured people or their families, we know that more is often needed than we alone can offer. So, to help everyone achieve a fulfilled life with spinal cord injury, we're working with an ever-increasing number of local and national partners and business members, creating the best network possible, so that we can serve, support and fight for every aspect of what defines each person's fulfilled life.

Because we understand that a fulfilled life looks different for each of us. And we know it could be a range of hopes, dreams and aspirations that are important to each spinal cord injured person. Retaining a job, having children, going to the shops – not just the all-important basics such as good bowel management and skin care.

How we choose our trusted partners

As the national patient representative of spinal cord injured people, we have a deep understanding of the needs of SCI people. We've used that knowledge and insight to develop criteria by which our partners are selected. We always promote freedom of choice, but are proud to recommend some of the organisations we know well and which have demonstrated best practice.

All our partners have the skills, knowledge and understanding to help people not just adapt to injury, but also to thrive.

All our trusted partners:

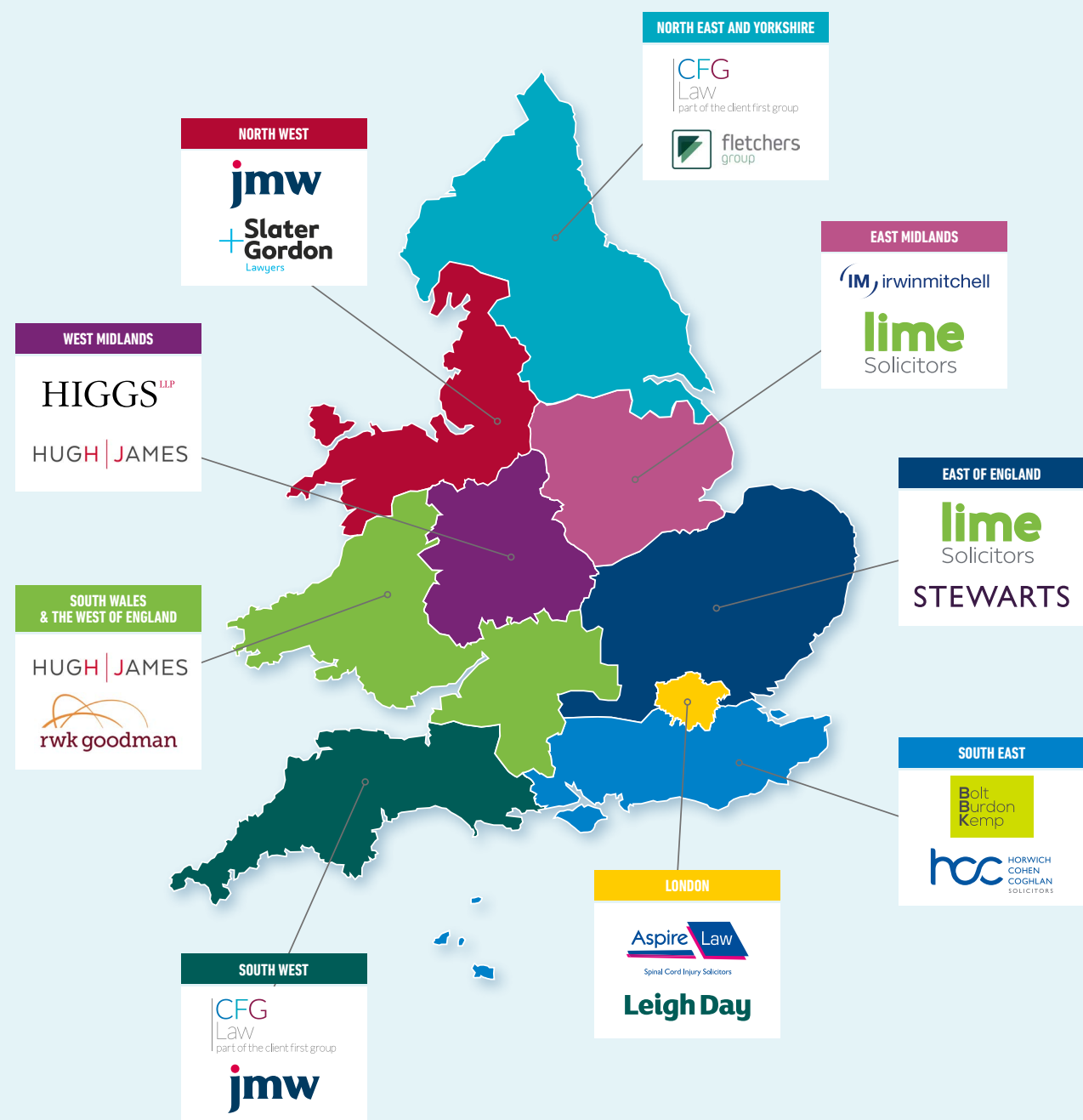
- commit to SIA's values and partnership charter
- are recognised as industry leaders
- are accredited by their relevant regulatory body
- undergo due diligence processes before joining our network
- commit to regular reviews, training and feedback meetings

Our business members

As part of our commitment to give SCI people access to a wide range of options, we've widened our network by enlisting business members too. These organisations offer the SCI community that extra level of choice in all aspects of leading a fulfilled life with spinal cord injury.

Both business members and trusted partners make a commitment to provide wide-ranging support to SIA so that we can be there for everyone affected by spinal cord injury.

TRUSTED LEGAL PARTNERS REGIONAL MAP

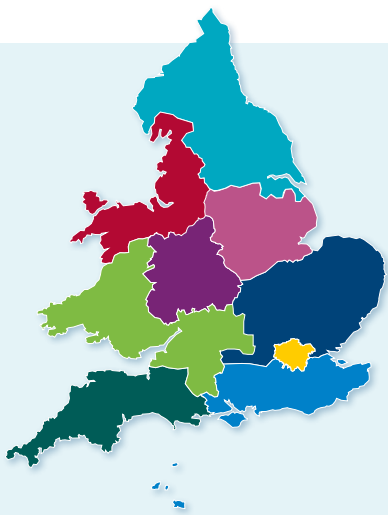


SPINAL CORD INJURY CENTRES (SCICs)

For Spinal Cord Injury Centres (SCICs) in these regions please see page 7.

SPINAL CORD INJURY CENTRES (SCICs)

SIA works closely with the national Spinal Cord Injury Centres. Currently, only one spinal cord injured person in every three gets admitted for specialist care and rehabilitation at one of these centres. **We're campaigning to change that.** Explore the [National Spinal Database](#), locate your nearest SCIC on our website or find the contact details below.



North East and Yorkshire

The Yorkshire Regional Spinal Injuries Centre (YRSIC)

Gate 4, Floor A
Pinderfields Hospital
Aberford Rd
Wakefield WF1 4DG

www.midyorks.nhs.uk/spinal-injuries-centre

Golden Jubilee Regional Spinal Cord Injuries Centre

The James Cook University Hospital
Marton Road
Middlesbrough TS4 3BW

www.southtees.nhs.uk/services/spinal-injuries/

North West

North West Regional Spinal Cord Injuries Centre

Southport District General Hospital
Town Lane
Southport
Merseyside PR8 6PN

www.southportandormskirk.nhs.uk/services/spinal-injuries/

East Midlands

Princess Royal Spinal Cord Injuries Centre

Northern General Hospital
Osborn Building
Herries Road
Sheffield S5 7AU

www.princessroyalspinalcentre.nhs.uk/

East of England

The National Spinal Injuries Centre

Mandeville Road
Aylesbury
Buckinghamshire HP21 8AL
www.nsic-online.org.uk/

West Midlands

Midland Centre for Spinal Injuries

The Robert Jones & Agnes Hunt Orthopaedic Hospital
NHS Foundation Trust
Oswestry
Shropshire SY10 7AG

www.rjah.nhs.uk/our-services/midland-centre-for-spinal-injuries/

South Wales & the West of England

Welsh Regional Spinal Cord Injury Centre / Uned Anafiadau Llinyn y Cefn Rhanbarthol Cymru

The Llandough Centre for Specialist Spinal and Neurorehabilitation
Penlan Road
Penarth CF64 2XX

www.cavuhb.nhs.wales/news/home-page-news/spinal-and-neuro-specialised-rehab-services-move-to-uhl/

London

London Spinal Cord Injury Centre (LSCIC)

Royal National Orthopaedic Hospital
Brockley Hill
Stanmore
Middlesex HA7 4LP

www.rnoh.nhs.uk/patients-and-visitors/ward-profiles/london-spinal-cord-injury-centre-lscic

South West

Spinal Treatment Centre – Salisbury

Spinal Outpatient Department / Longford Ward
Salisbury District Hospital
Odstock Rd
Salisbury SP2 8BJ

www.salisbury.nhs.uk/wards-departments/departments/spinal-treatment-centre/



A dedicated home delivery service for spinal cord injured people

SIA Healthcare is a dedicated home delivery service that provides spinal cord injured people with all of their urology and stoma products and prescription medication efficiently and discreetly to their door.

“Your service has been impeccable. All I can say is thank you, you’ve made my life so much easier”
SIA Healthcare user

Company information
Locations
Offering support across the UK.
Contact details
T 0800 470 4576 E enquiries@siahealthcare.com

Meet the team

SIA Healthcare is a dedicated home delivery service that provides spinal cord injured people with all their urology and stoma products, and prescription medication efficiently and discreetly to your door or to a place that is convenient for you.

SIA Healthcare was built on a long-standing relationship between SIA and Bullen Healthcare to establish an industry-leading delivery service for spinal cord injured people, their families and the wider spinal cord injury community.

It’s really easy to register for SIA Healthcare and the service is completely free! Just tell us what you need, and we’ll take care of the rest - including talking to your GP about your prescription.

Call us today on **0800 470 4576**
or email enquiries@siahealthcare.com

Hear what some of the SIA Healthcare team say



Maxine – Personal advisor
I really enjoy working at SIA Healthcare. For me, it is the day-to-day contact with our customers that is the best bit. As well as taking their orders, I get to hear about what they are up to, things that are happening in their lives, and that gives me such a great feeling.



Lewis – Driver
In most delivery jobs you just turn up, hand over the parcel and off you go, not with SIA Healthcare. I deliver to the same people every month so you get to know them. Sometimes they might ask for help getting their parcel into the house, or they might take the mickey out of me for the football result at the weekend!



of SIA Healthcare users find our service ‘very’ or ‘extremely’ reliable



of people using the service would recommend it

SIA Healthcare is a service set up by Spinal Injuries Association and operated on its behalf by Bullen Healthcare Group Limited and Pharmore Plus.





TRUSTED CARE PARTNERS

Selecting good quality care that's tailored to specific and evolving needs is essential to leading a fulfilled, independent life with spinal cord injury.

> Meet our trusted care partners here and turn to page 29 to meet our care business members.



TRUSTED CARE PARTNERS

Eximius

www.eximiussupport.uk



Eximius' aim is to provide exceptional live-in care and companionship for people who need help and support while living life to the full with a spinal cord injury.

With access to a private GP and a professional team of clinical lead nurses, the care they offer is of the highest standard, and helps their SCI clients continue to stay in their own homes leading fulfilling, active and independent lives. Eximius Live-in Support is one of only 5% of care providers in the UK to have been rated as outstanding by the Care Quality Commission.

Locations:

Beaconsfield, Buckinghamshire and supporting SCI people across the south of the UK.

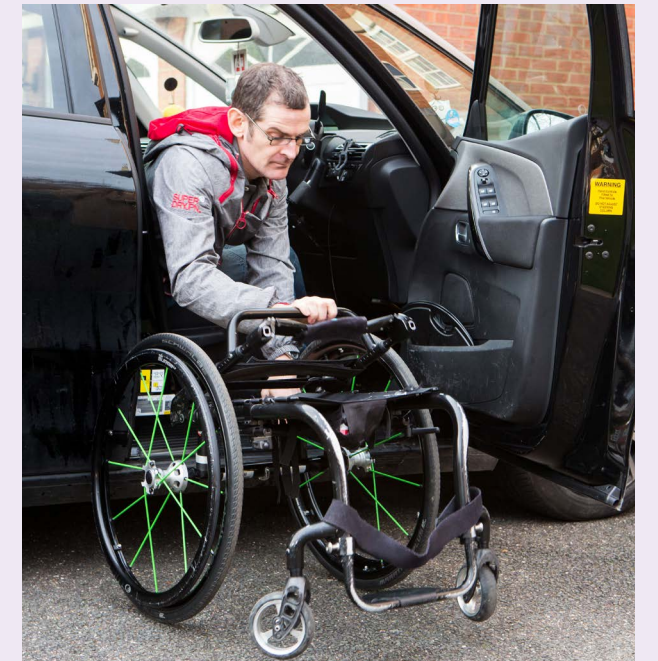
Get in touch:

T 0203 7949933

E sia@eximiussupport.uk

Read more:

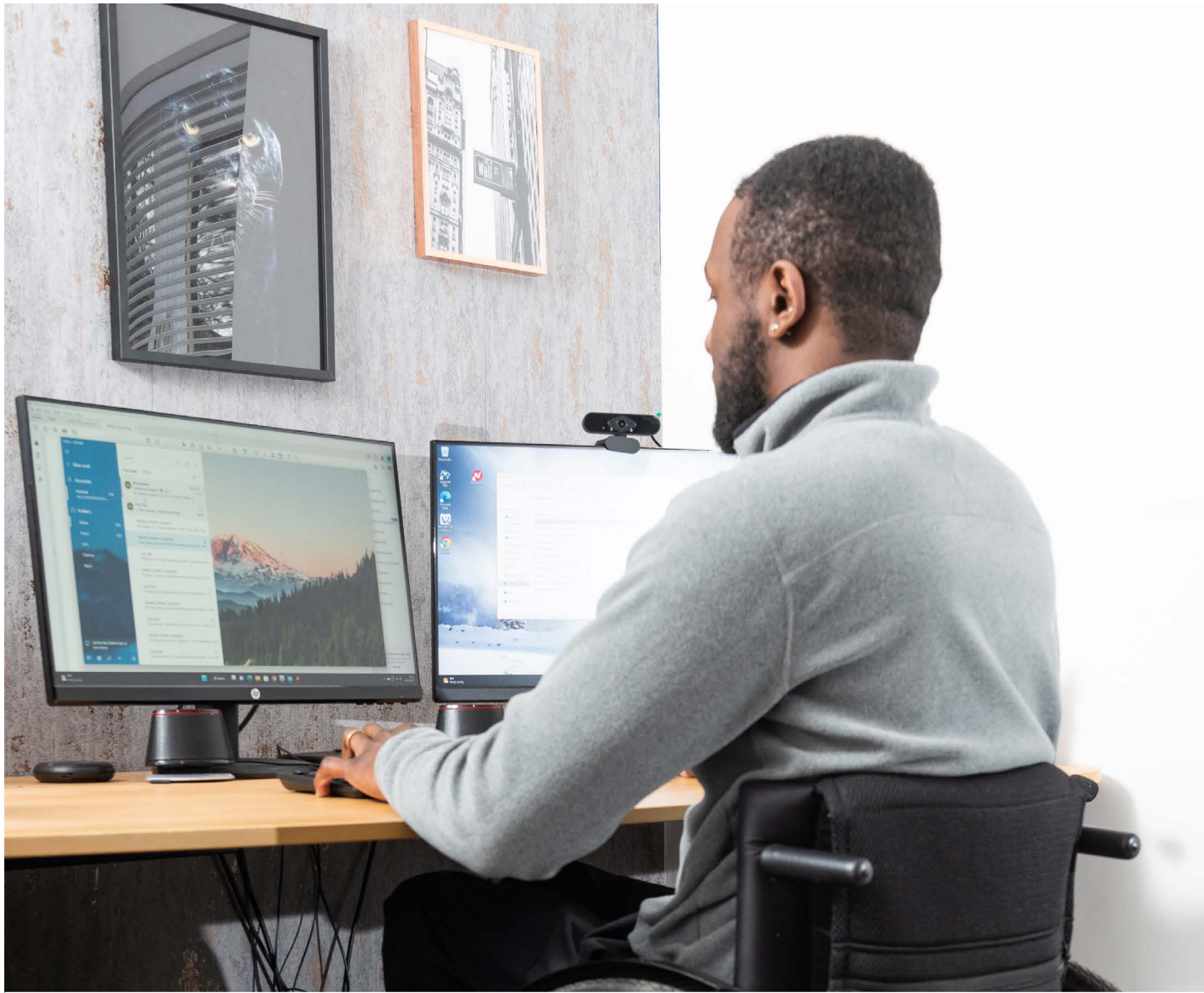
www.spinal.co.uk/get-support/sia-partners/our-partners/eximius/



For more information on our trusted partners please visit our website

[VIST OUR WEBSITE](#)





TRUSTED LEGAL PARTNERS

Getting expert legal advice is something we strongly recommended to anyone who has sustained a spinal cord injury.

We're confident our trusted legal partners are among the most qualified and experienced legal professionals out there. Crucially they've also assisted many SCI people on the road to recovery after injury, and they know from that experience – and through their work with SIA – the unique nature of the support and advice people may need, whether it be supporting someone with a potential compensation claim or answering general legal queries relating to life post-injury.

> **Meet our trusted legal partners here and our legal business members on pages 30 to 34.**



TRUSTED LEGAL PARTNERS

Aspire Law

www.aspirelaw.co.uk



Spinal Cord Injury Solicitors

Aspire Law is one of the leading law firm for spinal cord injury claims with many of their lawyers ranked as leaders in the field of spinal cord injury.

It's the only law firm in the UK with dedicated spinal cord injury lawyers, dealing exclusively with spinal cord injury claims.

They donate 50% of their profits to Aspire, a spinal cord injury charity.

The financial results Aspire Law get for their clients are first rate with cases settling frequently for seven and eight figure sums, several of which are regarded as some of the highest settlements for spinal cord injury.

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/aspire-law/

Locations:

National law firm based in central London, supporting clients across London and regionally.

SIA trusted partner region:

One of SIA's trusted legal partners in London.

Get in touch:

T 0208 176 4716

E help@aspirelaw.co.uk

Bolt Burdon Kemp

www.boltburdonkemp.co.uk



While compensation cannot 'undo' any injury, it can provide the means to live as comfortable a life as possible, along with peace of mind. It will help meet financial needs and provide future security.

From a properly adjusted home to targeted therapies, peer support and excellent aids and equipment, BBK knows how vital all this and more is to a full and happy life after injury.

They offer a free, no-obligation chat to ascertain what happened. If they think they can help, they will investigate a potential client's claim and discover who might be responsible for the injury – whether by accident or through medical negligence – and act on a 'no win, no fee' basis if instructed.

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/bolt-burdon-kemp/

Locations:

Based in central London and representing clients in England and Wales.

SIA trusted partner region:

One of SIA's trusted legal partners for the South East.

Get in touch:

T 020 3883 6210

E SpinalInjury@boltburdonkemp.co.uk

CFG Law

www.cfglaw.co.uk



part of the client first group

CFG Law are specialist spinal cord injury solicitors, providing legal advice together with financial, physical and emotional support from day one. Their aim is to help the whole family and secure the best outcomes for recovery. They provide their services on a no-win, no-fee basis, so there's no financial risk when making a claim. CFG Law can also offer an emergency fund to help plug any gaps in support right away, as well as supporting clients with benefits applications and appeal processes.

The CFG Law team can give well-informed guidance about treatment and support, liaise with treatment teams about discharge options, arrange and facilitate care packages and source aids and equipment.

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/cfg-law/

Locations:

Head office in Cheadle, with offices in Birmingham, Bury St. Edmunds, Cambridge, Manchester City Centre, Nottingham, Oxford, and Sunderland.

SIA trusted partner region:

One of SIA's trusted legal partners in the North East & Yorkshire and the South West.

Get in touch:

T 0800 988 7053

E advice@cfglaw.co.uk

TRUSTED LEGAL PARTNERS

Fletchers

www.fletcherssolicitors.co.uk



Fletchers specialises in serious personal injury claims and have been supporting people with life-changing injuries for more than 30 years. They have secured millions of pounds in compensation for their clients, and handle incredibly complex cases involving spinal cord injuries, amputation and traumatic brain injuries. Under the ownership of Sun European Partners, they are expanding their team through a strategic mergers and acquisition programme, having acquired cycling incident specialists, Cycle SOS; medical negligence specialists, Minton Morrill; and leading customer acquisition specialist for the legal sector, Blume. They are among the highest ranked in both the Legal 500 and Chambers & Partners.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/fletchers/

Locations:
Nationwide, with offices in Leeds, Manchester and Southport.

SIA trusted partner region:
One of SIA's trusted legal partners in the North East and Yorkshire.

Get in touch:
T 0330 013 0251
E SIAenquiries@fs.co.uk

HCC Solicitors

www.hccsolicitors.com



HCC Solicitors is an award-winning law firm with offices in the North (Manchester), Midlands (Birmingham) and South of England (London). An experienced team of partners, qualified solicitors and case handlers – as well as support staff – work with spinal cord injured clients every day. HCC is a specialist serious injury law firm with a family-first approach to helping people who have sustained a spinal cord injury. This means they focus their support not only on the individual who has experienced a life-changing injury – but also their wider network of family, dependents and loved ones who are also impacted emotionally, financially and practically.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/hcc-solicitors/

Locations:
Offices in London, Birmingham and Manchester with staff and clients across the country.

SIA trusted partner region:
One of SIA's trusted legal partners in the South East.

Get in touch:
T 07775808820
E patrick.maguire@hccsolicitors.com

Higgs

www.higgsllp.co.uk



Higgs is committed to helping their SCI clients achieve the best possible results. And securing the best financial settlement to provide security for the future. Their lawyers will meet with the injured person or their family free of charge, either at home or in hospital, and carry out a comprehensive assessment of the injured person's claim. If instructed, they will act on a 'no win, no fee' basis. Higgs work with industry-leading case managers, consultants and therapists to support all a SCI client's needs. The advantages for their spinal injury clients include:

- proactive approach to planning for early discharge from hospital
- an early clinical assessment of rehabilitation needs
- early access to interim payments when liability is accepted
- securing the best rehabilitation and treatment, both now and in the longer term

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/higgs-sons/

Locations:
Based in Dudley, West Midlands.

SIA trusted partner region:
One of SIA's trusted legal partners in the West Midlands.

Get in touch:
T 0345 111 5050
E law@higgsllp.co.uk

TRUSTED LEGAL PARTNERS

Hugh James

www.hughjames.com



Hugh James has extensive experience in handling compensation claims for people who have sustained spinal cord injuries. Their solicitors have been consistently ranked in the top tiers by the independent legal guides, Legal 500 and Chambers and Partners and are recognised as leaders in the field of personal injury and specifically spinal cord litigation. Their specialist solicitors can advise on all legal needs following a spinal cord injury, including their Hugh James Emergency Fund, interim payments, employment, local authority funding, wills, trusts and power of attorney.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/hugh-james/

Locations:
Based in Dudley, West Midlands.

SIA trusted partner region:
One of SIA's trusted legal partners in the West Midlands.

Get in touch:
T 0345 111 5050
E HughJamesSIAteam@hughjames.com

Irwin Mitchell

www.irwinmitchell.com



Making a claim can seem daunting, but with more *APIL-accredited spinal injury specialists than any other firm in the UK, Irwin Mitchell can help SCI clients access the best medical care, rehabilitation and support. Compensation can pay for important services to support recovery or help with everyday living, such as adaptations to the home, transport, help with loss of earnings and expenses, private healthcare, rehabilitation and therapy. Most of the spinal injury claims Irwin Mitchell handles are on a 'no-win, no-fee' basis. So, nothing to pay upfront. And no legal fees if your claim is unsuccessful. *APIL = Association of Personal Injury Lawyers

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/irwin-mitchell/

Locations:
Offices in Birmingham, Bristol, Cambridge, Cardiff, Glasgow, Leeds, Liverpool, London, Manchester, Middlesbrough, Newcastle, Sheffield and Southampton.

SIA trusted partner region:
One of SIA's trusted legal partners in the East Midlands and the East of England, supporting SCI clients across the UK.

Get in touch:
T 0808 159 6717
E customersupport@IrwinMitchell.com

JMW Solicitors

www.jmw.co.uk



JMW Solicitors' catastrophic injury team has a specialist spinal cord injury team which specialises in spinal injuries, however caused, including road traffic collisions, accidents at work, foreign accidents or overseas claimants injured in the UK, sporting injuries, military claims including AFCS. The clinical negligence team is renowned for its long-standing expertise in SCI claims including cauda equina. They have handled hundreds of SCI medical negligence claims such as delayed or misdiagnosed treatment, inappropriate advice, and surgical errors.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/jmw-solicitors/

Locations:
Offices based in Manchester, Liverpool and London – supporting clients nationally.

SIA trusted partner region:
One of SIA's trusted legal partners in the North West and the South West.

Get in touch:
T 03456 461 744
E sia@jmw.co.uk

TRUSTED LEGAL PARTNERS

Lime Solicitors
www.limesolicitors.co.uk



Lime Solicitors specialise in supporting people impacted by spinal cord injury. They provide legal advice and support in relation to personal injury and clinical negligence claims and the team supports clients and their families with respect to their wider needs. Lime understand that a spinal cord injury affects both the individual and their families and understand that a holistic approach to support for the whole family is important. Lime Solicitors retain top rankings within the Chambers and Legal 500 directories, have been shortlisted as finalists for multiple awards at the 2021 and 2022 PI awards and have achieved the Feeo Platinum Trusted Service Award for excellent service for several consecutive years.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/lime-solicitors/
Locations:
A national firm supporting clients across the UK.
SIA trusted partner region:
One of SIA's trusted legal partners in the East Midlands and the East of England.
Get in touch:
T 0808 164 0808
E martin.usher@limesolicitors.co.uk

Leigh Day
www.leighday.co.uk

Leigh Day

Leigh Day are specialists in their field and ranked in the top tier by the two foremost legal directories, Chambers & Partners and The Legal 500. Their personal injury team act in all kinds of cases, including road traffic collisions, accidents at work and at home, extreme sports, train crashes, terrorist attacks. Their clinical negligence team helps people injured because of substandard care by a medical professional, including misdiagnosis, delayed diagnosis, incorrect treatment and surgical mistakes.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/leigh-day/
Locations:
Based in central London, supporting clients across London and surrounding areas.
SIA trusted partner region:
One of SIA's trusted legal partners in London.
Get in touch:
T 020 7650 1200
E SIAtrustedpartner@leighday.co.uk

RWK Goodman
www.rwkgoodman.com



RWK Goodman's team of specialist spinal cord injury solicitors deliver more than compensation. They will build a team around an injured person and their family, ensuring they get the personal, medical, legal and financial support they need to lead a fulfilled life after spinal cord injury. RWK Goodman specialise in all types of spinal cord injury compensation claims, including personal injuries such as:

- road traffic accidents
- accidents at work
- riding accidents
- accidents abroad
- falls from height
- sporting accidents - and clinical negligence cases.

As well as helping secure compensation, they often continue to act as clients' lifelong legal partners, taking care of all legal needs as they arise.
Locations
Based in Bath, supporting clients across England and Wales.
SIA trusted partner region:
One of SIA's trusted legal partners in South Wales & West of England.
Contact details
T 0800 923 2080
E spinal.team@rwkgoodman.com

TRUSTED LEGAL PARTNERS

Slater and Gordon
www.slatergordon.co.uk



Slater and Gordon's large North West team is known as a 'centre of excellence', with lawyers based throughout the North West and Wales, meaning one of their experts is always nearby to visit you at home or in hospital. They are highly specialised in representing people who've sustained spinal cord injury because of an accident or medical negligence. They also have many other teams of consumer law experts, meaning they can provide an end-to-end legal service for all life's legal needs.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/slater-and-gordon/
Locations:
Based in Manchester.
SIA trusted partner region:
One of SIA's trusted legal partners for the North West.
Get in touch:
T 0330 995 6080
E imacgregor@slatergordon.co.uk

Stewarts
www.stewartslaw.com

STEWARTS

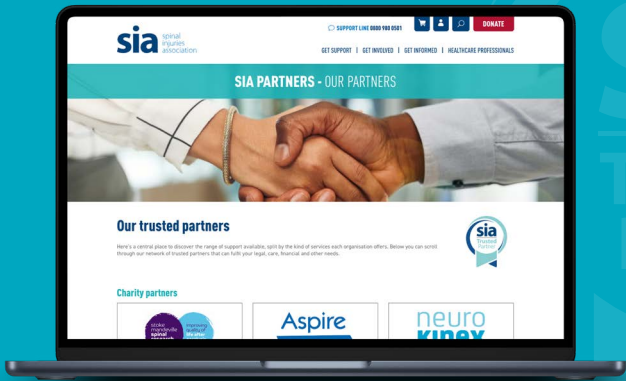
Stewarts acts for clients who have sustained serious life-changing injuries, in particular spinal cord injuries. They have ranked in the top tier in Chambers and The Legal 500 for almost 20 years. As well as bringing compensation claims for clients who've sustained a spinal cord injury, they offer a free and comprehensive legal service. They can provide SCI people with advice without obligation, for however long it takes to resolve the issue, whether or not there is a personal injury claim.

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/stewarts/
Locations:
Based in central London.
SIA trusted partner region:
One of SIA's trusted legal partners in the East of England.
Get in touch:
T 020 7822 8000
E sia@stewartslaw.com

Trusted partners

For more information visit our website to scroll through our network of trusted partners who can help with legal, care, financial and other needs.

VISIT OUR WEBSITE





TRUSTED FINANCIAL PARTNERS

Our financial partners are specialist financial advisers and investment managers who have extensive experience of supporting SCI people with financial matters after injury. The support they can offer ranges from advice on managing compensation from a legal claim or settlement to private wealth and investment management tips, accessing disability and care benefits and assistance with setting up trusts and pensions. They have extensive experience of helping spinal cord injured people plan their finances to support any immediate financial needs such as adapting a house, buying a car or fitting specialist equipment at home, alongside planning for the long term.

TRUSTED FINANCIAL PARTNERS

Evelyn Partners

www.evelyn.com



Evelyn Partners' team of specialist financial planners, investment managers and technical specialists are all dedicated to working with clients affected by serious injury or clinical negligence. They have over 180 years' experience of helping clients achieve their goals. They want SCI people to benefit from the best possible advice, so they feel informed and in control of their financial future.

The first stage in their support is an initial, free-of-charge meeting, to establish current and future objectives. This fact-finding session takes into consideration plans for any large expenses, as well as how much care or support an SCI person might need both now and in the future. Establishing spending plans and goals helps the team identify any risks and make recommendations about budget reviews and possible investments.

Services include:

- lifetime financial planning
- trusted investment services
- periodical payment checks
- state benefit assessments

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/evelyn-partners/

Locations:

Based in central London, offering UK-wide support.

Get in touch:

T 020 7131 4000



Irwin Mitchell

www.irwinmitchell.com



Irwin Mitchell have been providing financial advice to people who have sustained a spinal cord injury for over 20 years, and they've developed their services so they can offer injured people and their families all-round financial planning advice. Their goal is to ensure that SCI people's money looks after them now, and in the future, so they can focus on what really matters.

Their financial planners understand how much of an impact a serious injury or illness can have on people's finances. Whether someone is recently injured or has lived with injury for some time, they can guide SCI people through adapting their finances to their situation and keeping them on track, for stability and peace of mind.

Services include:

- making new budgets and cutting down costs
- benefits and tax reliefs
- reviewing existing investments and financial products
- managing debt
- releasing money from pensions
- tax-efficient investments

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/irwin-mitchell-financial-planning/

Locations:

Based in Sheffield, offering UK-wide support.

Get in touch:

T 0808 115 3522





BUSINESS TO BUSINESS

These companies offer their specialist services to other organisations supporting people affected by spinal cord injury. In this way, our business-to-business partners and members' expertise helps underpin our shared ethos of a fulfilled life for everyone affected by spinal cord injury.



BUSINESS TO BUSINESS

Partners in Costs

www.pic.legal



SIA works in partnership with Partners in Costs (PIC) to offer high quality services to the legal firms in our network. By choosing PIC for cost drafting services, our legal partners can help SIA to provide vital support for people affected by spinal cord injury.

SIA has chosen to work with PIC because of their specialist knowledge, collaborative approach and focus on providing the best outcome for clients.

Established in 1996, PIC are a nationwide leading firm of Costs Lawyers who are located throughout the country. Now part of the Frenkel Topping Group, they provide dedicated and bespoke solutions, specialising in personal injury claims, ranging from clinical negligence to catastrophic injury.

PIC works closely with legal firms to achieve the best possible results in an efficient, accurate and approachable manner. They are committed to understanding clients' requirements, with the delivery of excellent service being at the cornerstone. They gain a real understanding of what clients wish to achieve and their goal is to always provide advice that satisfies this. Their specialists have excellent understanding and working knowledge of costs law, which enables them to provide advice and litigation services tailored to clients' unique costs matters.

Locations:

Located across the UK.

Get in touch:

T 03458 72 76 78

"I have not found a firm so accommodating and practically helpful in my 12 years of practice. Your efforts have helped us to achieve some very challenging targets that would probably not have been possible without your assistance."

Senior Associate, Simpson Millar

"PIC are absolutely amazing; the service we get from them is faultless. They have done a brilliant job on everything they have done for us, and the whole firm appreciates their efficiency and responsiveness."

Julie Hardy, specialist birth brain injury solicitor at Barratts Solicitors

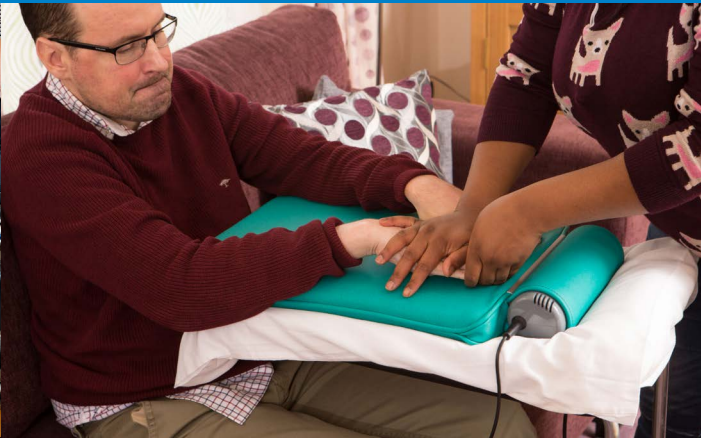
"PIC have proved themselves to produce accurate and detailed bills, resulting in near 100% recovery in major catastrophic injury claims. They are now our first choice of costs draftsmen in large-scale claims."

Partner, Penningtons Manches LLP



For more information on our trusted partners please visit our website

[VIST OUR WEBSITE](#)





WORKING TOGETHER

At SIA, we work closely with other organisations that share our vision of a fulfilled life for every SCI person. Over the following few pages, we'll introduce you to a mix of charities, not-for-profits and associations that can support SCI people with many aspects of a fulfilled life, from care, rehabilitation and mental health to benefits advice, housing support and SCI research.

> Find out more about the other organisations we work closely with on pages 23 to 26.



WORKING TOGETHER

Aspire

www.aspire.org.uk



Many people who've sustained a spinal cord injury find themselves discharged somewhere totally unsuitable, such as an un-adapted house or a care home. This robs people of their independence at a time when they should be ready to rebuild their lives.

The Aspire accessible housing programme offers an alternative. It provides homes located around the UK for use on a short-term basis while a permanent housing solution is found. It might be that someone's own property is being adapted, or they're waiting for their local authority to find them something suitable.

Meanwhile, an Aspire house can get SCI people back among friends and family, getting on with their lives.

Aspire also offers information and advice about accommodation and adaptations to people's own homes following a spinal cord injury, and a free-of-charge, dedicated welfare benefits advice service.

Read more:

www.spinal.co.uk/get-support/sia-partners/our-partners/aspire/

Locations:

Based in Stanmore, London and supporting SCI people across the UK

Get in touch:

T 020 8954 5759

E welfarebenefits@aspire.org.uk and housingadvice@aspire.org



Branch Properties Accessibility Specialists

www.branchproperties.co.uk



Consulting agents specialising in sales, lettings and finding accessible properties to meet the accommodation needs of disabled people.

In a market where there is a chronic shortage of suitable, inclusive housing, this organisation specialises in finding, sourcing and providing wheelchair accessible properties through its tailored service.

Leading specialists in meeting the accommodation needs of disabled people, Branch Properties has been a proud key player in accessible property since 2015. Partnering with Disability Horizons, they've co-produced the 'Ultimate Guide to Finding an Accessible Home', which they can offer SCI members, along with a full range of services for people who require independent and inclusive living.

Locations:

Based in London, supporting people all over the UK.

Get in touch:

T 020 3475 4022

E info@branchproperties.co.uk



WORKING TOGETHER

Breathe and Recover

www.breatheandrecover.com

Breathe and Recover is based on the Living Yoga Method™, which uses the power of breathwork and yoga to get the most out of the respiratory and nervous systems which govern so much of our physical and mental health. Breathing is one of the most overlooked tools after a spinal cord injury has happened that can be used to create energy and health in our systems.

The Breathe and Recover team is made up of Living Yoga Method trained teachers with first-hand long-term experience of working with people who have experienced trauma - specifically spinal cord injury - including a paramedic, charge nurse at a spinal rehabilitation centre and a clinical project officer and trauma-informed breathwork and yoga teacher.

Locations:

Based in Southampton, delivering online group classes.

Get in touch:

T 07743 396 551

E contact@breatheandrecover.com



WORKING TOGETHER

Neurokinex

www.neurokinex.org

The Neurokinex programme for spinal cord injury is one of the leading activity-based rehabilitation programmes in the UK, helping SCI people become fitter, stronger and more independent.

Whether an injured person is looking to continue with their rehabilitation, maximise their fitness or improve their overall wellbeing, Neurokinex can create a programme unique to each SCI person's needs.

People who've seen and used their services say the Neurokinex programme can help with adjusting from the highly structured hospital routine to life back at home. The momentum gained from having the initial six free-of-charge sessions can help to ensure ongoing rehabilitation gains.

Locations:

Hemel Hempstead, Gatwick, Bristol.

Get in touch:

T 0300 77 77 188

E info@neurokinex.org



MASCIP (The Multi-disciplinary Association of SCI Professionals)

www.mascip.co.uk

MASCIP's prime objective is to provide a national professional forum to promote standards in clinical practice, foster research and encourage the development of health and social care services for spinal cord injured people.

MASCIP exists to enable all professions and grades of staff associated with the care and welfare of SCI people, both within and outside SCI Centres, and to articulate professional issues and concerns. On behalf of its membership, MASCIP will also lobby service commissioners, healthcare providers and the Department of Health on issues of significant professional concern.

Locations:

Members meet regularly at venues across the country.

Get in touch:

E mascipsecretary@gmail.com



Spokz People

www.spokzpeople.org.uk

This organisation's wellbeing community and programme enables SCI people to work with a peer to improve mental health and wellbeing. They have a member-only forum, chat room, weekly live events and Q&As and videos and events with guest speakers and celebrity disabled people, all with a focus on improving wellbeing.

Their programme consists of 12 chapters exploring all elements of mental health including relationships, body image, sleep, nutrition and exercise. Using text, images, videos and exercises, they'll support an injured person to think about the changes they'd like to work towards. Members say it helps improve self-esteem, build resilience and find meaning in life. It also reduces isolation and helps them manage the many challenging situations being disabled brings.

Spokz People offer a 30-day free trial, and after that support is available at £5 a month.

Locations:

UK-wide, online.

Get in touch:

T 01543 899317

E info@spokzpeople.org.uk



WORKING TOGETHER

Soul Sanity
www.soulsanity.io



Soul Sanity acts as your mental health gym providing online activities, classes and support from qualified therapists, letting individuals focus on improving their mental health from the comfort of their own home.

Including mindfulness techniques such as meditation, laughing yoga, Tai Chi and Pilates; artistic outlets such as origami, journaling and painting; tips and tricks from wellness coaches tapping into your "happy place"; a Kids' Corner to help kids unwind and get creative; expert food advice from renowned dietitians and nutritionists; mood-boosting music sessions to recharge and retune; gardening tips and tricks from horticulture professionals; qualified therapists offering insights and support with behaviours, anxiety, stress management, and so much more!

Locations:
Online at www.soulsanity.io

Get in touch:
E info@soulsanity.io



Stoke Mandeville Spinal Research
www.lifeafterparalysis.com



Stoke Mandeville Spinal Research (SMSR) funds cutting edge medical research into the complications that can arise with spinal cord injury. They encourage and support SIA members to engage with research into the prevention and treatment of complications such as UTIs and neuropathic pain. Their aim is to help SCI people achieve greater independence, enabling them to engage more freely in education, work, hobbies, social activities, and family life. SMSR is helping develop SIA's research and innovation hub, bringing together researchers, clinicians and people living with SCI.

They provide grants to SCI researchers focusing on four priority areas:

- assistive technology primarily for upper limb function
- neuropathic pain
- pressure ulcers
- urinary tract infection

Read more:
www.spinal.co.uk/get-support/sia-partners/our-partners/stoke-mandeville-spinal-research/

Get in touch:
T 01296 316783
E derek.cutler@smsr.org.uk



"It just feels great to be connected to people who understand me and what I am going through. I've been so low and isolated and now I feel like there is support out there and this has changed my life around."

SCI person



BUSINESS MEMBERS

As part of our commitment to give SCI people a wide range of support options across the UK, we've widened our network by enlisting business members to work alongside us and our trusted partners. These organisations offer the SCI community an extra level of choice in all aspects of leading a fulfilled life with spinal cord injury.

> Meet our care, healthcare, rehabilitation, legal and motoring business members on pages 29 to 35.



CARE



Aspire UK

www.aspireuk.co.uk

Complex and clinical care services tailored to suit clients' needs. Providing live-in and 24-hour care packages from qualified and experienced care teams.

Get in touch:
E support@aspireuk.co.uk T 0116 262 1999

Locations:
England, Wales, Scotland and the Isle of Wight.



Complete Care Amegreen

www.completecareamegreen.com

Specialising in complex healthcare at home with nurse-led hourly care packages for up to 24-hour care. 20 years' experience supporting SCI people.

Get in touch:
E enquiries@completecareamegreen.com T 0333 121 5301

Locations:
Telford, Shropshire – supporting SCI people across the UK.



Elysium Neurological

www.elysiumhealthcare.co.uk/neurological

Elysium Neurological provides specialist care homes and hospital services for people over the age of 18 who have spinal or neurological needs.

Get in touch:
E sheila.manisier@elysiumhealthcare.co.uk T 07384 894 098

Locations:
Part of Elysium Healthcare and Ramsey Group, supporting people across England with their healthcare needs.



Helping Hands Homecare

www.helpinghandshomecare.co.uk

Bespoke live-in and visiting care with clinical and condition specific support.

Get in touch:
E enquiries@helpinghands.co.uk T 0330 818 3974

Locations:
150 branches across England & Wales.



HFH Healthcare

www.hfhhealthcare.co.uk

Home from hospital. Trusted and highly regarded nurse-led specialist complex healthcare for adults and children in their own homes.

Get in touch:
E referrals@hfhhealthcare.co.uk T 0208 605 9714

Locations:
London and the South East.



Prestige Nursing & Care

www.prestige-nursing.co.uk

High-quality, personalised, expert homecare services for people of all ages. A nurse-led provider able to support people with complex conditions.

Get in touch:
E info@prestige-nursing.co.uk T 0208 254 7500

Locations:
England and Scotland.

CARE



Spinal Injury Support

www.spinalinjurysupport.com

Working in partnership with people across England who are living with a spinal injury, providing specialist, person-centred support.

Get in touch:
E help@spinalinjurysupport.com **T** 0115 857 2928

Locations:
Head office in Nottingham, services delivered nationally across England.

LEGAL



Anthony Gold Solicitors LLP

www.anthonygold.co.uk

Helping people injured in an accident or through medical treatment that has gone wrong. An experienced team of dedicated solicitors passionate about achieving the best possible result for every client.

Get in touch:
E jenny.kennedy@anthonygold.co.uk **T** 020 7940 4060

Locations:
Offices in London, serving clients nationwide.

Barcan+Kirby

Barcan+Kirby

www.barcankirby.co.uk

Based in the South West, Barcan+Kirby are an award-winning full-service law firm.

Get in touch:
E hello@barcankirby.co.uk **T** 0117 3252929

Locations:
National.



Ashtons Legal

www.ashtonslegal.co.uk

Specialists in legal claims for life-changing injuries and offering a full range of associated legal services for families.

Get in touch:
E enquiries@ashtonslegal.co.uk **T** 0330 191 4856

Locations:
Offices in Norfolk, Suffolk, Cambridgeshire and Leeds – serving clients nationally.



Barratts Solicitors

www.barratts.legal

“Fantastic niche firm” specialising in complex personal injury and clinical negligence claims, and criminal injury compensation.

Get in touch:
E Lesley.Edwards@barratts.legal **T** 0115 931 5171

Location:
No. 3 Wheatcroft Business Park, Landmere Lane, Nottingham, NG12 4DG.

LEGAL



Brethertons Solicitors

www.brethertons.co.uk

Brethertons specialise in helping people gain the financial security that enables independence after spinal cord injury.

Get in touch:
E jonrees@brethertons.co.uk **T** 01788 557617

Locations:
National coverage.

Dean Wilson LLP
Solicitors

Dean Wilson LLP

www.deanwilson.co.uk

Specialist legal advice including, catastrophic personal injury claims, medical negligence and personal injury trusts.

Get in touch:
E amb@deanwilson.co.uk **T** 01273 249200

Locations:
Office: Brighton & Hove – Serving England and Wales.



Hudgell Solicitors

www.hudgellsolicitors.co.uk

Hudgell Solicitors have a reputation for assisting the seriously injured in every possible way, from offering help to ease immediate worries such as work and family finances to pressing for the most suitable immediate and long-term treatment and rehabilitative care.

Get in touch:
E info@hudgellsolicitors.co.uk **T** 0808 231 6914

Location:
Offices in Hull, Manchester and London; national reach.



Burnetts Solicitors LLP

www.burnetts.co.uk

A niche serious injuries and clinical negligence firm dealing with life-changing injuries giving the very highest level of service and care to clients.

Get in touch:
E mla@burnetts.co.uk **T** 0191 9174686

Locations:
North East & Cumbria.



Elite Law

www.elitelawsolicitors.co.uk

A multi-office law firm specialising in clinical negligence, family law and divorce, residential conveyancing, and wills, trusts and probate.

Get in touch:
E client.services@ELITELAWSOLICITORS.CO.UK **T** 0800 086 2929 (option 2)

Locations:
Serving clients in England and Wales, with offices in Amersham, Brighton, Ebbsfleet, Elstead, Hitchin, Leighton Buzzard, Southampton, St Albans.



JCP Solicitors

www.jcpsolicitors.co.uk

One of the leading accident and personal injury solicitors in Wales. Specialising in catastrophic injuries including head injuries and spinal injuries.

Get in touch:
E law@jcpsolicitors.co.uk **T** 03333 209 244

Locations:
A regional South Wales law firm with offices in Swansea, Cardiff, Caerphilly, Carmarthenshire, Cowbridge, Fishguard, Haverfordwest and St Davids.

LEGAL



Levenes Solicitors

www.levenes.co.uk

Claims for life-changing spinal cord injury. Multi-lingual team speaking 12 languages.

Get in touch:
E info@levenes.co.uk T 020 8881 7777

Locations:
Based in North London, supporting clients in England and Wales.



Minster Law

www.minsterlaw.co.uk

Serious injury legal experts specialising in road traffic collisions, bike collisions, and accidents at work. Specialisms include spinal injuries, head injuries, amputations, and chronic pain.

Get in touch:
E mapp@minsterlaw.co.uk T 01904 663 229

Locations:
Supporting clients across the UK.

LEGAL



Osbornes Law

www.osborneslaw.com

One of the largest private client law firms in London, with 160 lawyers and staff, offering services in personal injury, medical negligence, family law, property law, and more.

Get in touch:
E websiteform@osborneslaw.com T 020 4502 8767

Locations:
Serving London and surrounding areas.



Penningtons Manches Cooper LLP

www.penningtonslaw.com

One of the leading specialist personal injury advisers in the UK, especially for serious injury claims involving spinal injuries.

Get in touch:
E pispécialist@penningtonslaw.com T 0800 328 9545

Locations:
UK offices in London, Basingstoke, Birmingham, Cambridge, Guildford, Oxford, Reading
International offices in Madrid, Paris, Piraeus, Singapore.



MRH Solicitors Limited

www.mrhsolicitors.co.uk

Services include serious injury, medical negligence, personal injury, business litigation services and road traffic collisions.

Get in touch:
E mail@mrhsolicitors.co.uk T 01204 535 333

Locations:
Offices in Bolton and London, supporting clients across England and Wales.



Business Law | Personal Law | Investment

Nelsons Solicitors

www.nelsonslaw.co.uk

Nelsons' personal injury and clinical negligence team is ranked in tier one of the latest Legal 500 rankings.

Get in touch:
E NewBusinessTeam@nelsonslaw.co.uk T 0800 024 1976

Locations:
Offices in Derby, Leicester, Nottingham, providing legal advice across the country.



Serious Injury Law Limited

www.seriousinjurylaw.co.uk

A specialist top-tier Legal 500 firm with a focus on rebuilding the lives of SCI people.

Get in touch:
E enquiry@seriouslaw.co.uk T 0330 058 0377

Locations:
Offices in Bolton and Cambridgeshire, supporting clients nationwide.



Shoosmiths

www.shoosmiths.co.uk

A specialist team helping SCI people get treatment, rehabilitation and compensation to rebuild their lives.

Get in touch:
E client.services@shoosmiths.co.uk T 03700 863 000

Locations:
Supporting SCI clients nationwide.



NewLaw Solicitors

www.new-law.co.uk

Specialist claimant lawyers with a wealth of expertise in SCI injuries plus a private client team advising on wills, probate, trusts and deputyship.

Get in touch:
E OperationalSupportteam@new-law.co.uk T 0333 003 1909

Locations:
Offices in Cardiff, Bristol and Glasgow – supporting clients across England, Wales and Scotland.



Novum Law

www.novumlaw.com

Specialist serious personal injury, medical negligence and industrial disease law firm based in the South of England.

Get in touch:
E info@novumlaw.com T 0800 884 0777

Locations:
Offices in Swindon, Bristol, Cardiff, Plymouth, Southampton, Isle of Wight, Salisbury.



Sintons

www.sintons.co.uk

A full-service law firm providing first class legal advice across the UK.

Get in touch:
E info@sintons.co.uk T 0191 226 7878

Locations:
Offices in Newcastle upon Tyne, York, Leeds and London – supporting SCI clients nationwide.



Switalskis Solicitors

www.switalskis.com

Switalskis have a strong record in securing vital interim payments to get their clients prompt treatment and rehabilitation.

Get in touch:
E BrainAndSpinalInjury@Switalskis.com T 0800 138 0458

Locations:
12 offices across Yorkshire; 1 London office.

LEGAL



Thompsons Solicitors

www.thompsons.law

Thompsons' team of spinal injury solicitors act quickly to secure interim payments and support clients with their wider recovery journey.

Get in touch:
E enquiries@thompsons.law T 0800 0 224 224

Locations:
Offices in Belfast, Birmingham, Bristol, Cardiff, Dagenham, Harrow, Leeds, Liverpool, Llanelli, London, Manchester, Newcastle, Nottingham, Norwich, Oxford, Plymouth, Sheffield and Stoke. Supporting SCI clients across England, Wales and Northern Ireland.



Tollers Solicitors

www.tollers.co.uk

SCI, brain and catastrophic injury specialists together with related support services such as professional deputy and trusteeship.

Get in touch:
E tristan.holdom@tollers.co.uk T 01604 258 175

Locations:
Offices in Northampton, Corby, Stevenage, Milton Keynes, Kempston and Oakham. Supporting SCI clients in the South East, Central and East Midlands regions.

AUTOMOTIVE



Lewis Reed

www.lewisreedgroup.co.uk

The UK's leading wheelchair accessible vehicle provider, offering bespoke quality conversions coupled with outstanding customer service.

Get in touch:
E enquiries@lewisreedgroup.co.uk T 0800 247 1001 / 0151 343 5360
Locations:
Nationwide.

ADAPTED LIVING



Temporary Adapted Living Solutions

www.temporaryadaptedliving.co.uk

Providing temporary extensions that enable downstairs living, bridging the gap between a care setting and home. They also partner rental property search services.

Get in touch:
E mail@temporarysolutionsgroup.com T 01244 888 299
Locations:
East Midlands, West Midlands, South East, London and East of England.

TRETHOWANS

Law. As it should be.

Trethowans LLP

www.trethowans.com

Complex personal injury and clinical negligence work as well as employment advice, tax planning, legal deputyships and conveyancing services among others.

Get in touch:
E Spinal.injuries@trethowans.com T 01722 428 471

Locations:
Supporting SCI clients in the South West, with offices in Salisbury, Bournemouth, Poole, Southampton, Winchester and London.

HEALTHCARE PRODUCTS AND REHABILITATION



Coloplast

www.coloplast.co.uk

Coloplast is a leading Danish-based manufacturer of ostomy, continence, wound care and interventional urology products. Their organisation is about 14,000 people strong.

Get in touch:
E help@coloplast.com T 0800 220 622
Locations:
Operating globally with a UK subsidiary, based in Peterborough, covering the UK and Republic of Ireland.



Hollister

www.hollister.co.uk

Hollister works with healthcare professionals and patients offering healthcare and continence products, with the aim of making life more rewarding and dignified for people.

Get in touch:
E samples.uk@hollister.com T 0800 260 6473
Locations:
Serving people across the UK since 1978.



Hobbs Rehabilitation

www.hobbsrehabilitation.co.uk

Specialist SCI service providing rehabilitation for complete and incomplete injuries as well as Cauda Equina Syndrome, with in and out-patient services available across multiple settings.

Get in touch:
E enquiries@hobbsrehabilitation.co.uk T 01962 779 796
Locations:
Over 10 centres across the south of England.

Business members

For more information visit our website to view our network of business members who can help with legal, care, financial and other needs.

VIST OUR WEBSITE



CAN YOU HELP OTHERS AFFECTED BY SPINAL CORD INJURY?



With your support we can help more people rebuild their lives after spinal cord injury. There are loads of ways to get involved – all of them can change lives.

- > Make a one-off or regular donation.
- > Support SIA as you celebrate special occasions such as birthdays, weddings and anniversaries.
- > Fundraise for us by taking part in an event or hosting your own.
- > Encourage your club or workplace to select SIA as their charity of the year.
- > Make a gift in memory of a loved one so that their lifetime achievements can live on.
- > Remember SIA in your will and help spinal cord injured people for generations to come.

> Complete our volunteering form if you'd like to join us as a volunteer

How your support helps



£10

Could help towards the cost of a telephone consultation with one of our clinical specialists on topics such as bowel and bladder care. Just one 30-minute conversation could save a life.



£200

Could help towards the cost of support network sessions. Families tell us they wouldn't have coped without this positive insight into life post-injury.



£2,500

Could help towards getting NHS funding packages in place so that everyone affected by spinal cord injury gets the care they need to lead a fulfilled life safely and with dignity.

Help us change more lives

To make a donation call 01908 604191 (option 3), visit www.spinal.co.uk/donate or email fundraising@spinal.co.uk

DONATE TODAY

Become a business member

If you're an organisation working with spinal cord injured people and would like to find out more about becoming a business member of SIA, our partnerships team would love to hear from you at corporate@spinal.co.uk

KEEP IN TOUCH

We'd love to keep you up to date with all that's going on at SIA, as well as sharing news from our trusted partners and business members. Why not sign up to receive our quarterly updates?

Choose from:

SUBSCRIBE ONLINE TODAY

FORWARD MAGAZINE

FORWARD – the only magazine dedicated to the spinal cord injury community – includes the latest news and research as well as personal stories and professionals' insights on topics such as health, daily living, employment, relationships and family, sport and travel.

> Subscribe to receive the print edition through the post or a page-turning digital edition from £24 a year.

JOIN US AND SIGN UP NOW

THE VOICE

THE VOICE – a free monthly enews update sent straight to your inbox, it's a cost-effective way for us to keep you posted on everything that's going on in the SCI world. Including news, stories, reports and special offers especially relevant to the SCI community. The Voice gives you a chance to get and stay involved.

> When you join SIA as a member free of charge, you can sign up to The Voice by opting into emails. Join us and sign up now.

JOIN OUR NETWORK

Want to be part of the SIA community, get exclusive access to networking opportunities and discounted entry to our events?

If you're a business or organisation working with SCI people, find out more about joining our growing network.

Meet the team - partnerships

Our partnerships team work with our corporate supporters, trusted partners and business members.



Alison Hayward

Partnerships manager

E a.hayward@spinal.co.uk

T 01908 732160



Lady-Marie Dawson-Malcolm

Partnership coordinator

- corporate

E l.dawson-malcolm@spinal.co.uk

T 01908 732145



Reema Goldsmith

Partnerships coordinator

- business membership

E r.goldsmith@spinal.co.uk

T 01908 732132

Meet the team - support network

Our support network managers work with charities, SCICs and other not-for-profit organisations.



Carol Barraclough

Support network manager - South

E c.barraclough@spinal.co.uk

T 01908 732149



Gary Dawson

Support network manager - North

E g.dawson@spinal.co.uk

T 07964 457985

Our support network managers also look after SIA's team of support coordinators, who can connect SCI people and their families to all the support on offer, as well as providing practical advice and a positive insight into life after injury.

> Find your local [support coordinator](#) and [sign up as a member](#) for a lifetime of support.