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- Client Living with Spinal Injury



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Welcome to the Rebuilding Lives Conference 2026



It gives me great pleasure to welcome you to Spinal Injuries Association's Rebuilding Lives Conference 2026. It is wonderful to see so many of you here, friends old and new, coming together for what promises to be an extraordinary two days of learning, collaboration and inspiration.

Since our first Rebuilding Lives Conference in 2022, this event has become a cornerstone of the SIA calendar, bringing together healthcare professionals, researchers, people with lived experience, carers, policymakers, partners and advocates from across the spinal cord injury community. It is a place to connect, to challenge thinking, to share expertise and, most importantly, to drive meaningful change.

That is exactly what happened when many of us gathered here last year.

At Rebuilding Lives 2025, we launched the consultation that helped define the need and scope for a National Spinal Cord Injury Strategy. What began as a shared ambition has since evolved into tangible action across the sector. Together, we contributed evidence to the APPG inquiry into spinal cord injury, helped launch the resulting report *Fragmented to Coordinated: Building a National Strategy for Spinal Cord Injury* in Parliament and Downing Street, safeguarded the future of the SCI Database when it faced closure, and strengthened our collective voice through the creation of the National SCI Forum, bringing charities, clinicians and professional bodies together around a shared vision for change.

We have also seen growing recognition of spinal cord injury within the corridors of power. MPs have come together to champion a National Strategy, parliamentarians have raised SCI issues through debates and parliamentary processes, and engagement with ministers, NHS leaders and government officials has ensured that the needs of people living with spinal cord injury remain firmly on the agenda. Our work on women's health has helped secure national recognition of the unique challenges faced by women with spinal cord injury and contributed to recommendations for improvements in specialist care, education and future policy.

These achievements belong to all of us. They demonstrate the power of a community that is willing to work together, share expertise, and turn conversation into action.

Yet we know there is much more to do.

Despite the overwhelming evidence and the sector's call for greater coordination, proposals currently being considered could lead to further fragmentation of spinal cord injury services. The future shape of specialist commissioning remains under debate and the decisions made in the coming months will have significant implications for people living with spinal cord injury across the UK. This is not a done deal. It is a moment that requires all of us to remain engaged, informed and united in our efforts to influence the future of care and support.

That is why our theme this year, *Breaking Barriers, Building Futures Together*, feels more relevant than ever.

Over the next two days you will hear from inspirational speakers and experts from across the sector. Together, we will explore the real-world impact of policy and parliamentary decisions, address persistent inequalities in women's healthcare, examine how education empowers people and families, and discover how research, innovation and emerging technologies are transforming the future of spinal cord injury care. We are also delighted to introduce our new Education Stream, offering focused breakout sessions designed to deepen learning and support professional development across key areas of SCI management.

But Rebuilding Lives is more than a conference. It is a meeting place for a movement. A place where lived experience, professional expertise and shared determination come together to challenge barriers, influence policy, improve services and create better futures.

So I encourage you to make the most of these two days. Ask questions. Share your experiences. Build new connections. Strengthen existing partnerships. Most importantly, think about the role each of us can play in turning the conversations we have here into the actions that will shape the year ahead.

Because when we work *together*, we are stronger. *Together*, we can break barriers. *Together*, we can build futures. *Together*, we can rebuild lives.

I would also like to extend my sincere thanks to our sponsors, Stewarts and Fletchers. This event would not be possible without your support, and we are grateful to have you alongside us as valued members of our community.

Mark Ridler
Director of Programmes, SIA

Rebuilding Lives

Day One

Thursday 1 October

Main session

Education stream breakout session

11.00am	Delegates arrive, exhibition opens	
12.00pm	Lunch	
1.00pm	Introduction and welcome	
1.10pm	Keynote speaker - Helen Dolphin	
1.40pm	Inside Westminster: What's Changing – And Why it Matters For SCI	Neurogenic Skin and the Management of Pressure Ulcers
2.40pm	Break	
3.00pm	The Power of Discovery: Shaping the Future of SCI Care	Neurogenic Skin and the Management of Pressure Ulcers
4.00pm	Break	
4.20pm	Panel Discussion - The Future of SCI Care: An Expert Perspective	
5.20pm	Break	
7.30pm	Rebuilding Lives Awards and dinner	
10.00pm	Formalities close	
11.00pm	Event closes	



Rebuilding Lives

Day Two

Friday 2 October

Main session

Education stream breakout session

8.30am	Delegates arrive, exhibition opens	
9.00am	Introduction and welcome	
9.10am	Keynote speakers - Dr Niall McCann and Darren Edwards	
9.40am	Inside the Clinical Journey: Clinicians, Collaboration, Change	Unseen and Unheard: Managing Swallowing and Communication Issues in People with Spinal Cord Injury
10.40am	Break	
11.00am	Pathways to Independence: The Power of Patient Education in SCI	Neurogenic Bowel Dysfunction and Autonomic Dysreflexia (AD)
12.00pm	Lunch	
1.00pm	Equal Care, Equal Outcomes: Closing The Gap in Women's Health After SCI	Unseen and Unheard: Managing Swallowing and Communication Issues in People with Spinal Cord Injury
2.00pm	Break	
2.20pm	Stronger Together: A Network of Support	Neurogenic Bowel Dysfunction and Autonomic Dysreflexia (AD)
3.20pm	Closing remarks	
3.30pm	Event closes	





We've come this far but we're not done yet...

Three and a half years ago we set ourselves an ambitious goal. A fulfilled life for everyone affected by spinal cord injury. Strategy 2030 wasn't simply a plan for organisational growth. It was a commitment to transform what life after spinal cord injury could look like. We're now halfway through that journey. So this isn't simply about the numbers. It's a chance to reflect on what has changed, what we've learned, and where we need to go next.

Membership

Our membership continues to grow, putting us firmly on track towards our ambition of doubling our membership by 2030. Behind every new member is someone discovering they don't have to face life after spinal cord injury alone. But we're also honest about the challenge ahead. Today we still reach only a fraction of everyone living with spinal cord injury across the UK. The next stage of our strategy is about reaching far more people, wherever they live.



Support

Demand for specialist support continues to increase. Over the past three years we've significantly increased the number of support sessions we provide. But what's changing isn't just volume. It's complexity. People are coming to us with increasingly complex health, care and advocacy needs, often at moments of crisis. That's why we're investing not only in our own services but also in partnerships, digital resources and NHS collaboration so that specialist support can reach many more people.



Engagement



Support doesn't happen through a single conversation. Many members engage with multiple parts of SIA, from clinical advice and counselling to advocacy, community groups and trusted information. Every interaction helps people build confidence, reduce isolation and regain independence.

Campaigning



One of the biggest changes over the last three years has been our influence. Today SIA is helping shape national conversations around spinal cord injury. We've worked alongside Parliament, government departments, NHS England and partner organisations to improve services, influence policy and ensure the voices of people living with spinal cord injury are heard where decisions are made. Together, we've helped achieve meaningful change - and we're only getting started.

Income

None of this progress happens without the generosity of our supporters. Sustainable income continues to grow, giving us greater confidence to plan ahead and invest in the services people rely on. Financial resilience isn't just about organisational stability. It's about ensuring people affected by spinal cord injury know we'll be there whenever they need us.

Reaching the halfway point isn't the finish line. It's a moment to pause, reflect and build on everything we've achieved together. We've strengthened services. Expanded our reach.

Increased our influence. And helped thousands more people navigate life after spinal cord injury. But our vision remains the same. A fulfilled life for everyone affected by spinal cord injury. There's still work to do, and together, we're ready for the next chapter.

Watch our Impact Report as we reflect on the first 3.5 years of our Strategy 2030 journey and look ahead to what comes next, and find out why we need your continued support.

We've come so far. But we're not finished yet.



Keynote speakers

Helen Dolphin MBE



Helen Dolphin MBE is a leading advocate for disability inclusion in transport, awarded an MBE in 2015 for her campaigning on behalf of disabled motorists. As founder of Dolphin Diversity and Senior Programme Manager at Network Rail, she has influenced national accessibility policy and contributed to the Rail Accessibility Roadmap. Holding key roles across the sector, including Chair of the National Rail Accessibility Advisory Group and Joint Chair of the Heathrow Access Advisory Group, Helen combines professional expertise with her lived experience, having lost her limbs to meningitis, to drive meaningful improvements in accessible transport.

“ You might need a bit of help and support to do things, but it shouldn't stop you from living your best life. ”

Darren Edwards



A record-breaking adventurer, Darren sustained his spinal cord injury in a climbing accident. Determined to return to outdoor adventure, he soon bought a kayak and got back on the water. It was the start of a series of adventures that saw him kayak the length of Britain, row across the English Channel, and become the first wheelchair user to complete the 777 challenge – seven marathons on seven continents over seven days. In December 2025, Darren led a small team on an expedition to Antarctica's brutal polar plateau in a World-Record attempt to sit-ski to the South Pole.

“ If we're not resilient, our first failure is often our last failure. ”

Keynote speakers

Dr Niall McCann



Dr Niall McCann has been leading multi-disciplinary expeditions to the far-flung parts of the planet for over 20 years, having rowed across the Atlantic Ocean, skied across Greenland, cycled over the Himalayas, and been on multiple expeditions around the world. In 2016 Niall sustained his SCI in a speed flying accident, but in the years since his injury he has found ways to return to his life of adventure.

“ Life is hard(er) with a spinal cord injury, but life can - and should - still be incredibly fulfilling. ”

Hosts

Lois Norris



**Barrister,
Kings Chambers,
SIA Ambassador**

Lois is a serious injury and inquest barrister at Kings Chambers. She became involved with Spinal Injuries

Association 10 years ago and has remained connected ever since. Lois is committed to ensuring that lawyers working in the spinal cord injury field are informed by a strong understanding of the experiences and challenges faced by people living with SCI, and she is a passionate advocate for equal access to healthcare.

Simon Pinnell



**Business and
Enterprise Manager,
SIA**

Simon joined SIA in 2013 and has managed its support network team and their advocacy service before

moving into his current role as Business and Enterprise manager. He sustained his SCI in 2010 and completed his rehabilitation at NSIC, Stoke Mandeville. Outside of work, he enjoys watching live sport and can be regularly found at Twickenham or Edgbaston. He also enjoys watching live comedy and is a keen quizzier. He has appeared on TV Quiz shows including Eggheads, The Tournament and The Finish Line. He was also a contender on Mastermind in 2023.

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Inside Westminster: What's Changing – And Why it Matters For SCI

Explore the latest developments in Parliament and Government, and their real-world consequences for SCI services and the community.

Speakers

George Atwell



Policy Coordinator, SIA

George joined SIA's Public Affairs Team after reading History and Politics at university. He shapes evidence-based policy to

ensure the voices and experiences of people with SCI are reflected in national decision making. Working with partners, he is passionate about turning complex challenges into practical, impactful policy solutions that drive meaningful change and improve outcomes for our community.

Dani Czernuszka-Watts



SIA Ambassador

Dani sustained a T10 SCI as the result of an illegal rugby tackle and shares her lived experience to raise awareness of life

after SCI, whilst being the best role model to her three children by breaking down everyday barriers.

She says that often the hardest things to talk about are the ones that need to be heard. Dani is part of SIA's Women's Health Taskforce, which is advocating for equal healthcare for all women, particularly women with SCI.

Glyn Hayes



Parliamentary and Public Affairs Coordinator, SIA

Former army veteran Glyn sustained his SCI in 2017 following a motorbike accident. After

rehabilitation at Stoke Mandeville he was unable to continue in his career as a bus mechanic and had significant housing issues, which technically left him homeless. Once housed by the local authority, he continued in his capacity as a local councillor, focussing on disability issues in the borough before working as an Independent Living Advisor for Aspire at Stoke Mandeville, and subsequently working at SIA.

Dr Dharshana Sridhar



Head of Public Affairs, SIA

A medical doctor and geneticist, Dharshana has over 22 years as a senior civil servant, especially

as part of the Prime Minister's Council for Science and Technology and later as policy advisor to subsequent Prime Ministers. She is passionate about uplifting the lives of women and children through education and eradication of poverty, and works with many charities including Women's Aid and the UN to bring change. She is keen to advocate for better treatment and care for disabled people and is currently SIA's Head of Public Affairs.

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The Power of Discovery: Shaping the Future of SCI Care

This session invites researchers, clinicians, and stakeholders to explore how the world of SCI continues to be transformed by innovation in research. We will showcase a carousel of work assisted by SIA; demonstrating how shared knowledge and evidence-based research can accelerate innovation, redefine best practice, and create pathways for better outcomes.

Speakers

Dr Lynsey Duffell



Clinical Scientist and an Associate Professor, Dept of Medical Physics and Biomedical Engineering, University College London

Lynsey's lab forms part of the Aspire Centre for Rehabilitation Engineering and Assistive Technology (CREATE) and the London Spinal Cord Injury Research Centre, based at Stanmore. She has a strong interest in neuromodulation combined with activity-based therapy for neuroplastic recovery after SCI and has lead several clinical trials. Her research also explores the effects of neuromodulation on autonomic dysfunction after SCI.

Jonathon Gill



Advanced Practice Physiotherapist, NIHR/ PenARC Knowledge Mobilisation Fellow, Spinal Surgery Service, Somerset NHS Foundation Trust

Jonathon is a secondary care spinal APP based in Somerset. He currently holds a NIHR/ARC South West Knowledge Mobilisation Fellowship and recently completed a NIHR Pre-doctoral Clinical Academic Fellowship, both focusing on improving patient access to evidence-based care for suspected Cauda Equina Syndrome (CES). He has led the development and implementation of clinical pathways for CES both regionally and nationally.

Dr Jackie McRae



Associate Professor and Director of Research, City St George's, University of London

With more than 30 years of clinical experience as a Speech and Language Therapist (SLT) in critical care, her research focuses on swallowing and communication issues in people with SCI. Jackie has received multiple awards and research grants and is currently a DSE Award holder. As a professional advisor to the Royal College of Speech and Language Therapists, Jackie has published and presented her work internationally on the topic of laryngeal impairments and the role of SLTs in intensive care.



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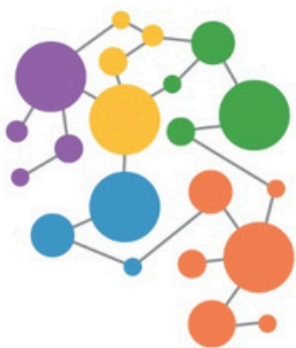
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Panel Discussion - The Future of SCI Care: An Expert Perspective

Hosted by Dr Niall McCann. One year on from the publication of the All-Party Parliamentary Group report *'From Fragmented to Coordinated: Building a National SCI Strategy'*, this panel will explore the progress to date and the priorities that lie ahead.

Dr Jane Duff



Head of NSIC Psychology Team, Stoke Mandeville Hospital

Jane has been combining direct therapy, research, teaching/training and consultancy since 1997.

She was one of two psychology experts on the WHO 2030 Package of Interventions for Rehabilitation SCI Module and led for the Clinical Reference Group the 2023 NHS England Psychological and Mental Health standards. Jane leads on national and international research grants, has over 35 publications and an H-index of 10. Jane chairs the European Spinal Psychologists Association and International SCI Psychosocial Special Interest Group.

Dr Mo Belal



Consultant Urological Surgeon, Queen Elizabeth Hospital Birmingham

Mo's specialist interest is neuro-urology and urinary tract reconstruction, and he is the honorary

Secretary Elect of the British Association of Urological Surgeons. Whilst cycling with a friend in 2021, he had an accident which resulted in a SCI. After multiple operations and eight months in hospital with over one thousand hours of rehabilitation, he has returned to his career as a urological surgeon. He became an SIA Ambassador in 2023.

Dr Adrian Hayter



Chief Medical Officer, National Institute for Health and Care Excellence

Adrian brings more than three decades of frontline clinical and national leadership experience to the

role, spanning general practice. In 2027 he will celebrate 30 years as a GP Partner, reflecting his longstanding commitment to primary care. He has held a series of significant leadership roles - chairing the Windsor, Ascot and Maidenhead Clinical Commissioning Group; National Clinical Director for Older People and Person-Centred Care by NHS England; visiting Professor of Gerontology at Singapore University of Social Science and Medical Director for Clinical Policy at the Royal College of General Practitioners

Benita Hexter



Clinical Specialist and Lead Physiotherapist, London SCI Centre, Royal National Orthopaedic Hospital, Stanmore

Benita has worked as a physiotherapist for those

with SCI for 25 years. She is also the Chair of the Multidisciplinary Association of Spinal Cord Injury Professionals (MASCIP) and is a member of the Rehabilitation, Complex Disability and SCI Clinical Reference Group for NHS England. A passionate believer in the power of multi-disciplinary rehabilitation to influence the functional and neurological outcomes of those with SCI, she is also committed to improving access to the best rehabilitation for all.

Louisa McGinn



CEO, Spinal Research

Working in the charity sector for 19 years, Louisa has been Chief Executive of Spinal Research since February 2024. She is passionate about accelerating progress

towards treatments that restore function after SCI and ensuring that research is driven by the priorities of the SCI community. Throughout her career, she has focused on building strong partnerships, leading sustainable growth, and helping charities maximise their impact. She is committed to working alongside researchers, clinicians, people with SCI, and supporters to bring life-changing treatments closer to reality.

Dr Krystyna Walton



Consultant in Rehabilitation Medicine, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust

Currently responsible for a hyper-acute neuro-rehabilitation service and for

major trauma rehabilitation, she was also President of the British Society of Rehabilitation Medicine for two years, is a member of the Clinical Reference Groups for Rehabilitation & Disability and is the Rehabilitation Medicine representative on the Major Trauma Clinical Reference Group. In 2022 she was appointed NHS England National Specialty Adviser for Rehabilitation, Disability & Spinal Cord Injury, and in this role chairs that Clinical Reference Group.



Inside the Clinical Journey: Clinicians, Collaboration, Change

When charities work well with the NHS, patient outcomes can be transformed and lay the foundations for reintegration into society and a fulfilled life. This session leads with real world examples and sets out a vision for what this relationship could look like if formalised. There will be a discussion around the blockers and how, as a community, we can bring about change at scale.

Karen Biggs



SCI Clinical Specialist for the Midlands, SIA

Graduating as a Registered General Nurse in 1990, Karen obtained her BSc (hons) in Advanced Professional Practice in 2003. She has

25 years of experience working in Neurological Rehabilitation Units and for 20 of those years worked in a Senior Sister role, leading clinically and developing specialist inpatient rehab for those with a neurological condition. As part of her role at SIA, she provides specialist advice and support to patients, families and Healthcare Professionals and delivers a range of accredited training and education.

Dan Burden



Head of Services, SIA

Dan sustained his spinal cord injury aged 24 after an accident in Egypt. He returned to work two years later, as an access and

partnerships officer in local government. After 13 years as SIA's Head of Public Affairs, Dan now leads SIA's services team. These seek to connect people with SCI to a network of services, partners and community groups across England, Wales and Northern Ireland. They also provide clinical support, counselling and advocacy for SIA's 20,000 members and the 105,000 people living with SCI in the UK.

Glynis England



Clinical Director, Golden Jubilee Regional SCI Centre, South Tees Hospitals NHS Foundation Trust

Glynis began her career in 1975, training as an

Orthopaedic Nurse. She has held several posts including Clinical Matron and Head of Nursing for Trauma. She contributed to the planning of the Golden Jubilee Regional SCI Centre, for which she is now the Clinical Director. She is a member of the rehabilitation, disability and SCI Clinical Reference group and has led a national staffing review and most recently led a working group to develop new national standards for the management of acute SCI patients.

Bernice Hayles



Physiotherapist, SCI Link Worker, BARTS NHS Trust

With almost 20 years experience in neurosurgery, rehabilitation, and SCI services, she has worked in Major Trauma Centres

across the UK and completed rehabilitation placements in Nepal and Haiti. Her expertise includes complex SCI management, pathway development, and integrated service delivery. Bernice has led service improvement, workforce development, governance, and quality initiatives, including the SCI Passport. An independent non-medical prescriber, she is pursuing Advanced Clinical Practice accreditation while contributing to clinical leadership and service development.

Mark Jarratt



SCI Clinical Specialist for London, SIA

Mark qualified as a Registered Nurse in 1985, initially working in acute medicine. He then joined the NSIC at Stoke

Mandeville and worked across various roles, from staff nurse to charge nurse, and practice development and respiratory nurse for the unit. He also became involved with aviation medicine and eventually retrieved over 1,000 patients from abroad.

On leaving the unit in 2015, he worked for a few years as a clinical advisor to a travel insurer before returning to the SCI field and joined SIA in January of 2022 as an SCI Clinical Nurse Specialist covering London and the South East.

Lovelyn Ndubuisi-Okoroezi



Head of Clinical Education, Lincolnshire Community and Hospitals NHS Group

A dynamic and values-driven nurse, clinical academic, and a senior healthcare leader with 13

years experience spanning clinical practice, healthcare education, quality improvement, workforce transformation, governance, research, and compassionate systems leadership. Lovelyn provides strategic leadership for multiprofessional education, practice learning, competency governance, and workforce development across acute and community settings.

Susie Wood



SCI Clinical Specialist for the North East, SIA

An Occupational Therapist with over 25 years experience in NHS and private healthcare, Susie has worked at the Royal Victoria Infirmary, Newcastle, the Nuffield Orthopaedic Centre, Oxford and Hexham and Middlesbrough Regional SCI Centre. In 2013, she completed her Masters in Advancing Practice to develop her knowledge of research. She joined SIA in 2022, and enjoys the combination of clinical work and teaching healthcare professionals about SCI.



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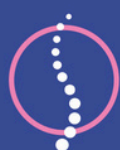


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Pathways to Independence: The Power of Patient Education in SCI

This session explores the vital role of patient education in supporting individuals with SCI to achieve independence and live well beyond acute care.

Helen Bartlett



Challenge Events Coordinator, SIA

On 3 December 2025, Helen's life changed in an instant when her 21-year-old son sustained SCI playing rugby. As a parent

navigating the rehabilitation journey, she experienced first-hand the importance of clear, accessible and timely education for patients and families. With more than 20 years' experience in education, events and operations, she is passionate about the role of person-centred education in empowering patients and families, building confidence, developing essential life skills and helping rebuild lives.

Michael Gray



Partner and Senior Solicitor, Fletchers

Joining Fletchers in 2016, Michael has been a key part of the growth of the clinical negligence serious injury teams. He supports

clients who have sustained SCI, often as a result of medical professionals not recognising key signs, or delays in treatment. Marking 10 years at Fletchers, he was named Lead Partner and Head of the Neurotrauma Unit - specialist teams who deal with serious brain and SCI matters. He is passionate about his client's experience and understands the empowerment that comes from having knowledge and good patient education.

Kerryn Pratt

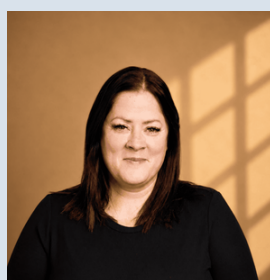


Head of Frank Williams Academy, SIA

With over 20 years' experience in health education, information, and service delivery, she began her career in the

ambulance service and later led education and quality at St John Ambulance, delivering the Covid vaccination programme. At Prostate Cancer UK, she implemented clinician improvement programmes, securing funding to improve care for over 40,000 men. Since joining SIA, Kerryn has focused on enhancing SCI knowledge across healthcare settings. Her work reflects a lifelong commitment to people-centred care and driving meaningful change in health services.

Siobhan Thacker



Partner, Serious Injury, Fletchers

Working in personal injury law for over 15 years, Siobhan specialises in SCI claims, supporting individuals and families

whose lives have been significantly impacted by serious injury. She is passionate about client care and understands that behind every case is a person whose life has changed in an instant. She combines her legal expertise with a compassionate, personal approach, ensuring clients feel listened to, supported and informed throughout their journey. Siobhan is also a strong supporter of charities that provide vital support to those impacted by serious injury and loss.

Benita Hexter

See page 18 for bio

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Equal Care, Equal Outcomes: Closing The Gap in Women's Health After SCI

This session shines a light on progress, policy, and the fight for equal access to diagnosis, care, and long-term support for women with SCI.

Speakers

Carol Barraclough



Advocacy and Support Manager, SIA

Carol has been with SIA since 2015. She was diagnosed with transverse myelitis in 2006, and lives

with T9 complete paraplegia, being a full-time wheelchair user. Carol is married with a 12-year-old son and likes spending time with family and friends, camping, and being outside. She is an active member of school PTA and can say the longest place name in Wales!

Freya Lloyd



SIA Member and Advocate

Freya was diagnosed with transverse myelitis in early childhood. Drawing on her experiences of navigating healthcare, bladder management, and life with a

hidden disability, she is passionate about raising awareness of the inequalities faced by women with SCI. She has spoken publicly about the need for earlier diagnosis, equitable access to care, and better long-term support. She is committed to ensuring that women's voices help shape the healthcare services, policies, and decisions that affect their lives.

Prof. Sue Sherman



Professor of Psychology, University of Sheffield

Sue's research focuses on understanding the psychosocial barriers and facilitators to cancer

screening (cervical and HPV self-sampling) and immunisation (HPV, COVID-19, varicella) uptake. Much of her research has a health equity focus and she is interested in the public, patient, and healthcare provider perspectives. Her research has informed both national and international policy and practice. Currently, she leads an NIHR funded project which aims to improve access to cervical screening for physically disabled people.

Caroline Wareing



Relationship Manager, Slater and Gordon Lawyers UK

Caroline is a qualified solicitor, and a passionate advocate for the SCI

community. Following a complete T11 SCI in 2009, Caroline rebuilt her life, returning to elite sport as a member of the GB Para Cycling Team and later being appointed a Deputy Lieutenant. Married with an adult son and daughter, she now combines her professional expertise and lived experience to support others affected by SCI.

George Atwell See page 13 for bio

Dr Dharshana Sridhar See page 13 for bio

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Stronger Together: A Network of Support

Hear firsthand from people with lived experience of SCI and the people and partners who supported their journeys, helping them to rebuild their lives, from mental health support, continuous care, housing and more. Learn about the importance of collaboration and the real-life impact when a network of support demonstrates we are stronger together.

Speakers

Brian Carlin



CEO, Aspire

Brian supports the Aspire Centre for Rehabilitation Engineering and Assistive Technology and is an Associate Professor at the Institute of Orthopaedics and

Musculoskeletal Sciences, UCL. He has extensive third sector experience and was the former Chairman of the Royal National Orthopaedic Hospital Charity and during this time was also the Chairman of the Charity Chairs Group at the Association of NHS Charities. Brian is also a founding Partner of Aspire Law LLP and a Longford Mentor whereby he supports former prisoners through higher education.

Gary Dawson

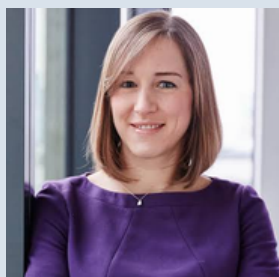


Support Network Manager, SIA

Gary oversees the SIA Support Network Coordinators based on the West side of the UK. His team provide specialist

support and advice for life after injury. He sustained his SCI in a motorcycle accident at 19 years old and has openly talked about his struggles before he found the right support. He joined SIA in 2012; often appears on TV as a representative of the charity, co-hosted the 'I Didn't Plan on This' podcast and regularly fundraises through cycling events.

Kara Smith

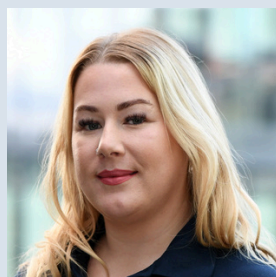


Partner and Head of Pro Bono, Stewarts

Kara joined Stewarts in 2005 as a paralegal before training and qualifying as a personal injury lawyer.

Since 2012, Kara has led the Pro Bono team, supported by seven colleagues who help clients with the legal and practical issues they face following life-changing injury.

Gaynor Thompson



Support Network Coordinator for the South West & Wales, SIA

After being diagnosed with Cauda Equina Syndrome in January 2021, Gaynor has

lived with ongoing issues and chronic pain. She began working at SIA in 2023 as a Support Network Coordinator, and uses her lived experience to guide her work when meeting and supporting people who have sustained SCI and their families.

Andy Wharton



Support Network Manager, SIA

Andy oversees the SIA Support Coordinators based on the East side of the UK. His team provide specialist support and advice for life after injury

Andy sustained a T12 spinal cord injury following a fall and has lived with paraplegia and as a wheelchair user since 2000. He joined SIA in 2013 working in the North East as a part of the peer support service that has now evolved into the SIA Support Network.

Allison Whitehorn



Co-founder, CESCO

Allison was diagnosed with Cauda Equina Syndrome in 2014 and started the support group known as CESCO, with her husband

Nigel, in 2020. This is run voluntarily 24/7, offering support including teams chats, meeting face to face, offering signposting to relevant pathways and helping to educate HCPs around the country in different hospital settings. Allison and Nigel love to bring the SCI community together, to help collaborate in the support of anyone with SCI.

Louisa Yates



Financial Controls Consultant, SIA member

Louisa is a financial crime controls consultant and CES survivor whose life changed overnight, shifting from an active scuba diver, climber and rider to navigating permanent disability. With vital support from SIA, CESCO and Aspire, Louisa rebuilt her independence, from accessing the right mobility equipment to returning to the water through Sailability and rebuilding her core with specialist Pilates. Louisa advocates for families affected by CES, helping develop resources for children and highlighting the emotional, financial and systemic failures survivors face.



SIA Business Membership

sia spinal
injuries
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for life after spinal cord injury

Interested in joining SIA's Business Membership?

At SIA we are the expert, guiding voice for life after SCI. We believe everyone affected by SCI can, must and will achieve a fulfilled life.

There are an estimated 4,700 new cases of SCI every year in the UK. This equates to someone becoming paralysed every two hours. Their world – and that of their family – is turned upside-down. As a result, the estimated number of people with SCI in the UK has risen to 105,000. By becoming an SIA Business Member, you're not just joining a network - you're becoming part of a community dedicated to improving lives.

We have recently launched a new tiered structure allowing companies of all sizes to participate at a level that suits them. Depending on your company turnover will determine your annual fee. This structure ensures that businesses of all sizes can contribute to and benefit from our network, fostering a diverse and inclusive community of support for people with SCI.

To find out more, please contact corporate@spinal.co.uk

SCAN HERE



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EDUCATION STREAM

An Education Stream at this year's Rebuilding Lives Conference is an exciting new addition designed to enhance the delegate experience and deepen learning opportunities.

Speakers

Chris Paton



Tissue Viability Clinical Nurse Specialist, Salisbury NHS Foundation Trust

Chris is a Registered Nurse and has trained and worked at Salisbury NHS

Foundation Trust for the past 13 years. Chris has a background in plastics, burns and spinal injury and currently works as a Tissue Viability Clinical Nurse Specialist. In 2022 Chris was part of a successful attempt to support SIA Ambassador Martin Hibbert to climb Kilimanjaro. His goal is to support hospitals, community staff and those with spinal injuries to understand how to prevent pressure injuries.

Karen Biggs

See page 20
for bio



Mark Jarratt

See page 21
for bio



Dr Jackie McRae

See page 15
for bio



EDUCATION STREAM

WHAT DOES THIS MEAN FOR DELEGATES?

Alongside the mainstage programme, delegates have the option to attend a series of smaller, alternative breakout sessions. These sessions are educational in focus and have been carefully curated to provide in-depth learning across key areas:

Neurogenic Skin and the Management of Pressure Ulcers

This session will cover the changes that occur in a person's skin following a spinal cord injury. It will address the impact of skin damage for someone with SCI and how debilitating this can be. This session aims to help you understand the changes that are experienced in the skin following SCI, discuss preventative measures and how to best treat the skin should an injury occur.

Unseen and Unheard: Managing Swallowing and Communication Issues in People with Spinal Cord Injury

This session will explore the often-overlooked challenges of dysphagia and impaired communication. It emphasises their profound impact on health, nutrition, and social connection, highlighting the importance of recognition, support and tailored interventions.

Neurogenic Bowel Dysfunction and Autonomic Dysreflexia (AD)

This session will discuss why neurogenic bowel management is important for someone with SCI or Cauda Equina (CES) including an understanding of neurogenic bowel dysfunction, the different presentations and how to establish appropriate bowel care routines. The session also aims to highlight the life-threatening nature of Autonomic Dysreflexia (AD) and what to do if this medical emergency occurs. It will cover the causes, the signs and the symptoms and the immediate management required to address the condition.

Each session is designed to support a greater understanding of the subject area, explore the real-life impact on individuals living with spinal cord injury (SCI), and highlight how healthcare professionals (HCPs) can embed meaningful, practical change into their day-to-day practice.

This new education stream represents an exciting opportunity for delegates who wish to explore specific topics. For healthcare professionals it's an opportunity to refresh existing knowledge, for others it's an opportunity to gain clinical knowledge and broader understanding of experiences and challenges faced by the SCI community. These sessions are ideal for those with limited or no knowledge of SCI management.

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Exhibition

Abbots Care



Abbots Care provide expert, personalised SCI care. Their specially trained staff deliver the standard of care they would want for their own families. They also work closely with hospitals and multi-disciplinary teams to ensure safe, high-quality, all-round support for every individual.

ABM UK



ABM UK provide the assisted travel service at a number of UK airports through wheelchair assistance, motorised terminal transport, ambulifts, courier-style bussing, queue-management and personalised support. ABM are keen to demonstrate how aviation can be accessible for all.

Active Care Group



Active Care Group are one of the UK's leading providers of complex care. They support people with complex conditions including acquired brain injury, acquired spinal injury, neurological conditions, learning disabilities, and, respiratory and ventilation.

Acuity Care



Our care journey sets out each step of the process, from first conversations through to care being in place. Whether you're looking for support for yourself, someone you care for, or you're a professional seeking guidance, we're here to listen, explain your options and support you every step of the way.



MAY 2027

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Exhibition

Alcedo Care



A specialist home care service provider offering a fully comprehensive range of care services to clients in their own homes or out in the community. The group was established in 2017 and is family owned and operated. It offers care services across the North of England and Wales which are delivered through its extensive branch network.

Allianz Legal Protection



As a specialist legal expenses insurer and part of the Allianz Group, we've provided legal protection insurance since 1986. Our Before the Event (BTE) products, which are distributed by insurers and brokers protect business, property owners and personal lines customers. We also provide After the Event (ATE) solutions for solicitors specialising in clinical negligence and personal injury claims.

Atelier Rehab



We are the standing specialists. Exclusive importer of Easystand and Zing brands in the UK. We have extensive experience standing people of all abilities, sizes, ages and with varying conditions. Our founder Kate Kearney has been working with Altimate Medical as the European Business Manager for 10 years and is now bringing that experience to the UK market as Atelier Rehab.

Beyond Mobility



Beyond Mobility is a leading supplier of Complex Rehabilitation Mobility Equipment - with unrivalled service levels and the highest quality products.

Our assessors have over 30-years combined industry knowledge, and have carefully curated our product offering to ensure industry-leading knowledge.

British Home



British Home are a therapeutic community for individuals living with neuro-disabilities. They offer a suite of essential services that empower their residents to live life

to the fullest, including: slow-stream rehabilitation, nursing support for long term neurological conditions, respite care, palliative care and outpatient support.

Cherry Training



Cherry Training supports individuals and NHS organisations by providing highly personalised training. When training with Cherry, you learn from an expert. We thoroughly vet all our trainers and check their qualifications to ensure all of our courses are being led by experienced and knowledgeable professionals.

Exhibition

Coloplast



Coloplast UK develops and delivers intimate healthcare products and services—including ostomy, continence, wound care, and urology solutions—to support people across England, Scotland, Wales, and Northern Ireland. Established in 1978, it combines clinical expertise, personalised delivery, and customer support to help individuals maintain dignity, independence, and wellbeing in everyday life.

Convatec



Convatec is a global medical products and technologies company focused on therapies for the management of chronic conditions, leading in advanced wound care, ostomy care, continence care, and infusion care.

Emma Way Associates



Emma Way Associates provide bespoke case management and expert witness services to those who have sustained a catastrophic injury including spinal cord injury, brain injury, amputation and complex orthopaedic injuries.

First Option Healthcare



First Option Healthcare provides nurse-led complex care for adults and children across the UK. They deliver compassionate, person-centred support at home, empowering independence. Their experienced team works with families and professionals, offering tailored care and accredited training for healthcare workers and family members to ensure safety, comfort, and clinical excellence.

Fletchers



Fletchers Solicitors is a UK law firm specialising in serious personal injury and medical negligence. For over 30 years, they've supported people with life-changing injuries, securing significant compensation and rehabilitation. Their expert legal teams guide clients through complex cases, helping rebuild lives after catastrophic injury with care and expertise.

Freedom by Symphony



Everyone should be able to use and enjoy their kitchen, it's the hub of the household and a space to bring people together. This is why we partnered with the UK's leading accessible kitchen designer Adam Thomas, to design attractive, accessible and empowering kitchens, offering you the freedom of independence in your kitchen.

Exhibition

Gainsborough Healthcare Group

Gainsborough Healthcare Group
Life enhancing bathing

Part of the Gainsborough Healthcare Group, we have been a specialist assisted bath manufacturer for long term and acute care since 1988. Through expert evolution, we are now a total bathroom solution specialist that delivers assured care, safety and accessibility for semi-ambulant bathers, healthcare providers and moving and handling professionals.

Harmony Healthcare

 **Harmony Healthcare**
Always by your side

Harmony Healthcare provides expert specialised complex care across a spectrum of needs, ensuring compassionate and tailored support. Our mission for complex care is to provide exceptional, empowering, and enriching support to children and adults within the community.

Irwin Mitchell LLP

 **irwinmitchell**

Irwin Mitchell is a leading UK law firm specialising in personal injury, medical negligence, and other legal services. Known for their compassionate approach and expertise, they provide tailored support to individuals and businesses, ensuring clients receive the guidance and outcomes they need in challenging times.

Jam Care Group



JAM started as a passion project in 2018 having seen family and close friends struggle to get access to good care. I knew there must be a better way. And so, in 2020 JAM CARE was born, with a

simple aim... to "change lives for the better!" six years in, and we are working with the UK's biggest NHS Trusts, we've won several times at the Great British Care Awards and are a 3X winner of Complex Care Provider of the Year.



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More info



Exhibition

Libertatem Healthcare



Libertatem
Healthcare Group

Complex care specialists. Libertatem offer CQC-rated 'outstanding' expert and experienced brain and spinal injury support, across England, Wales and Ireland.

Loopwheels Ltd



Loopwheels are a proud British manufacturer of innovative wheelchair wheels with built-in suspension that has been proven to reduce neck pain, back pain and fatigue. Whether you manually propel in urban settings or take your wheelchair off-road using a power attachment, Loopwheels' revolutionary spring design provides suspension for a smoother, more comfortable ride.

Mosaic Case Management and Therapies Ltd



Mosaic Case Management and Therapies supports people after catastrophic injuries

and neurological conditions with warm, person-centred care. We coordinate the right team and support, simplify the complex, and champion our clients' goals - always with dignity and hope at the centre.

Motus Medical



Motus Medical is a Midlands based company that specialises in advanced mobility and rehabilitation solutions. They focus on providing cutting-edge equipment and personalised support for individuals with complex mobility needs.

Ottobock Healthcare Plc

ottobock.

A company that makes people mobile. Regardless of whether the product is a prosthesis, an orthosis, a wheelchair or an exoskeleton – our focus is always on the people we support. Since 1919 products and technologies from Ottobock have been helping people gain new freedom of movement and avoid potential complications.

Paragon Home Healthcare



At Paragon Home Healthcare, we provide high-quality, specialist home care for adults and transitional-age children with complex health needs—particularly those living with

spinal cord injuries, acquired brain injuries, and other life-changing conditions. Our service was founded to meet a growing need for personalised, clinically supported care at home.

Exhibition

PJ Care



PJ Care specialises in neurological and complex care, supporting people with progressive and acquired conditions. Their award-winning facilities deliver personalised care with dignity, compassion, and clinical excellence. Guided by their values, care, compassion, and commitment, they prioritise independence and quality of life, making a meaningful difference for every resident they support.

PLG Consultants



PLG Consultants is a leading firm of disability property finders and architects in the UK, specialising in the provision of quality, accessible

housing solutions for individuals with disabilities resulting from personal injury and medical negligence. Their expertise lies in finding, adapting, and transforming properties into homes tailored to accommodate the unique needs of each client.

Premium Care Solutions



Premium Care Solutions plan and provide the very best person centred complex care. Whether you are looking for direct care as a result of injury or disability, or are looking to commission a complex

care provider. Premium Care Solutions will tailor a package designed just for you.

Quilter Cheviot



Quilter Cheviot's discretionary investment management services are for anyone seeking tailored wealth management. Our services are for private clients, charities, trustees, and professional partners with straightforward or more complex needs.

Simpson Millar



Simpson Millar is a UK law firm committed to making legal services straightforward and accessible.

Specialising in personal injury, family law, and education law, they focus on providing clear advice and achieving the best outcomes for clients. With a people-first approach, they strive to simplify complex legal matters for everyone.

Steps Ahead Care & Support



Steps Ahead Care & Support, established in 2009, provides specialist rehab-based support for individuals with brain, spinal, or life-changing injuries. Rated Outstanding by CQC since 2015, it prioritises trust, tailored care, and strong relationships, building expert teams around each client's needs, wants, and interests for exceptional support.

Exhibition

Stewarts

STEWARTS

Stewarts is a top UK law firm specialising in high-value and complex litigation. Renowned for its expertise in personal injury, medical negligence, and commercial disputes, the firm delivers exceptional results through a client-focused approach, offering strategic advice and dedicated support to achieve justice in challenging cases.

Superior Healthcare



Superior Healthcare provides specialist home care for individuals with complex medical needs. Founded from personal experience, it delivers nurse-led, family-centered care tailored to each client. Working with ICBs and case managers, its expert teams provide live-in, 24-hour, and complex care, ensuring safety, independence, and a fulfilling home life.

Sweet Tree Home Care Services



SweetTree Home Care Services is a London based provider of high-quality, personalised home care. Rated Outstanding by the CQC, they support over 18,000 individuals with specialist, dementia, and complex care. Award-winning and values-driven, they are committed to compassionate, person-centred support that promotes independence and dignity.

Teleflex



Empowering the future of healthcare

Teleflex Urology Care supports users in living an active, independent, and fulfilling life - their mission is to empower your lifestyle - your way. Their range of innovative urological products, including intermittent catheters and urinary drainage systems, is designed with user health, comfort, and ease of use in mind.

Wheelfreedom



Wheelfreedom provides tailored mobility solutions with expert clinical assessors specialising in neurophysiotherapy, rehabilitation engineering, and posture. They offer prescriptive powerchairs, special controls, and custom seating to enhance mobility and independence. Their holistic approach ensures personalised solutions that support both physical health and lifestyle goals using industry-leading equipment.

Rebuilding Lives Awards



The Rebuilding Lives Awards recognise the outstanding achievements of individuals and groups in the SCI community, who inspire others through their work, volunteering, or raising awareness.

Judges (in alphabetical order)

Brian Carlin

See page 28
for bio

Countess Howe

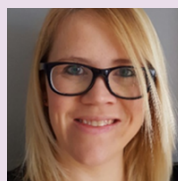


His Majesty's Lord Lieutenant of Buckinghamshire

Growing up in Buckinghamshire Lady Howe was made a Deputy

Lieutenant of Buckinghamshire in 1995 and served as High Sheriff in 2010-11. She also recently chaired Heart of Bucks, the Community Foundation for Buckinghamshire.

Hannah Proctor



Principal Physiotherapist, SCI Enable

Hannah has worked as a Clinical Specialist Physiotherapist for 24 years, 16 of which were at the

NSIC Stoke Mandeville Hospital. She has also been an expert witness in SCI Physiotherapy at Harrison's Associates and a rehabilitation case manager at COOCI Associates. She sits on SIA's Health and Care Advisory Group - multidisciplinary, clinical experts across the SCI field who inform and support the work of the Frank Williams Academy.

Lucy Robinson



President, European Spinal Cord Injury Federation

Lucy has a wealth of experience in setting up and delivering services, focusing on the development and implementation of policies and services that support the disabled community.

She speaks regularly at national and international conferences about the use of peer support within rehabilitation and peer-led community integration initiatives

Rebuilding Lives Awards

Campaigning for Change Award

Presented to someone who drives bold, courageous advocacy, grounded in lived experience, to campaign for change and improved outcomes for people with spinal cord injury.

Finalists (in alphabetical order)

Will Behenna



Beach Access Project

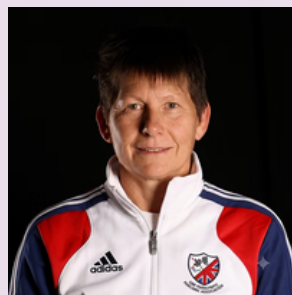
Paralysed from the chest down at 16, Will's passion has always been being near, or in, the water. In 2025 he launched the Project to make beaches, rivers, lakes and canals more accessible for everyone.

Judges quotes:

"He's done something really unique and original, he's obviously made a massive difference and collected a huge amount of data, it's something no one else is doing, it's brilliant."

"Pioneering, working in a space that's highly commendable. It's his passion."

Vivien Mills



Sabre Trust

After SCI ended her police career in the late 90s, Vivien found success in wheelchair fencing, winning two international bronze medals. This inspired her to create The Sabre Trust to

help others participate in the sport.

Judges quotes:

"It's admirable that she's not only set up a charity, but that she is championing wheelchair fencing as a sport."

"She's demonstrated that she's influencing the right levers for national reform."

Iwan Sadler



Myelopathy.org

After being diagnosed with Degenerative Cervical Myelopathy (DCM) in 2014, and feeling frustrated at the lack of awareness and support Iwan ran a social media awareness campaign,

which led to him joining Myelopathy.org to lead the Facebook support community.

Judges quotes:

"Shining a light on a less well known area, very powerful. Really commend the work he's doing as it's obviously needed."

"A very powerful thing to have achieved."

Frank Williams Academy Educator and Mentor Excellence Award

Presented to an educator, mentor, or supervisor whose guidance, inclusive teaching or collaborative support nurture excellence across the SCI sector. Celebrating the inspirational aspect of learning and growth within a professional setting.

Finalists (in alphabetical order)

Jennifer Holdsworth



**Spinal Practitioner,
University Hospitals
Sussex NHS Foundation
Trust, Lead Nurse for SCI
for the South East
Neuroscience and Trauma
Network**

After being a nurse for more than 19 years, Jennifer has worked closely with patients, families, and healthcare professionals to improve services, develop education programmes, and promote best practice across the region.

Judges quote:

"She has raised the voice of the SCI community by strengthening capability, confidence and the quality of the workforce that supports them."

Katrina Salter



**Clinical Training and
Development Lead,
Active Care Group**

A Registered Nurse with over 30 years of experience across healthcare, clinical education, and leadership.

Katrina is a dedicated educator and mentor and has led the development of clinical training programmes and competency frameworks that support the professional growth of healthcare teams and promote excellence in care delivery.

Judges quote:

"She's clearly passionate, committed and has the ability to get others on board, supporting others to enhance their potential."

Firas Sarhan



**Clinical Education Lead,
National Spinal Injury
Centre, Stoke Mandeville
Hospital**

Since 2021 as part of his role, Firas has developed educational strategies for the whole SCI community, creating lifelong learning resources, interdisciplinary training, and fostering collaborations with stakeholders to align with the NHS Long Term Plan and improve patient care outcomes.

Judges quote:

"He's delivering apps that give really good access to lifelong learning resources, in the UK and abroad, for professionals and the whole SCI community."

Rebuilding Lives Awards

Outstanding SCI Team of the Year Award

Presented to a team that has made a significant difference to SCI care, treatment, or the lives of spinal cord injured people, whether it's in a clinical setting, at community groups, via legal or support services, or at another SCI setting.

Finalists (in alphabetical order)

Acute SCI Inreach Team John Radcliffe Hospital



The team delivers specialist care directly to patients at Oxford University Hospital's Major Trauma Centre. This initiative is part of a nationally led SCI transformation programme, delivered in collaboration

with the South East Regional Specialised Commissioning Team.

Judges quote:

"The work they're doing is outstanding. 80% of patients they deal with never get to a specialist spinal centre, and they are providing services as close to – if not equal to – those."

Back Up Family Team



The team are specifically trained to listen, share information, and support friends and family members of people with SCI. They all have lived experience of having a relative with SCI, so are uniquely qualified to

understand what someone is going through.

Judges quote:

"They've made a difference to a really large amount of people and clearly have a big reach. So many people aren't getting into spinal centres early and families are reaching out to charities. Support like this is essential."

Matt Hampson Foundation Team



Founded by Matt Hampson OBE, who sustained SCI at the age of 20, the Matt Hampson Foundation inspires and supports young people seriously injured through sport, by providing physiotherapy, specialist

mentoring and advice, personal training, support,

Judges quote:

"[Matt's] impact is incredible, I know a lot of people who've benefited from going to the 'Get Busy Living Centre'. It's made a massive difference to people."

Rebuilding Lives Awards

Rising Star Award

Presented to someone who is relatively new to the sector (last five years) but already shining. It will be presented to someone who has gone above and beyond in their role, in a specialist SCI setting.

Finalists (in alphabetical order)

Jenna McCusker



Mental Health and Me Podcast

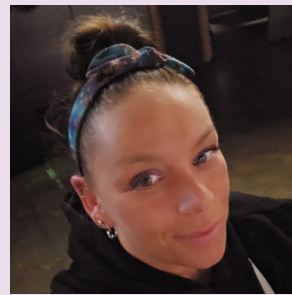
A self-funded series that delves into Jenna's personal experiences of her own mental health challenges and the support she has received from

others, who have gone through similar issues. Featuring well known guests talking candidly, the aim of the podcast is ultimately to help others with their own struggles.

Judges quote:

"She's taken an incredibly difficult and challenging time in her life and used that for the benefit of others. It's empowering to hear about hidden disabilities; it'll help people who struggle to understand."

Sophie Slate



IQ Warriors

Now a level 3 PT, Sophie was born with neuroblastoma on her spine which resulted in SCI. Her aim is to break down barriers and get more disabled people into the

gym. She launched 'IQ Warriors' at the IQ Fitness facility in Altrincham as an exercise class specifically for children with additional needs, and it's successfully now in its third year.

Judges quote:

"It's highly commendable what she's doing. It's fantastic that she's such a strong advocate. The work that she's doing as a pioneer for disabled children is admirable."

Sophie Wilson



Head of Operations, Matt Hampson Foundation

Sophie initially went to the Foundation for physiotherapy after sustaining an SCI aged 24. She went on to join the team

as Head of Peer Support and ultimately Head of Operations, to help others on a similar journey.

Judges quote:

"This story put a smile on my face. To have been at the Foundation and then been inspired to return to employment and use that in a job to influence the delivery of services, supporting other people with SCI, is such a positive message."

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7 – 8 October 2027



Feedback



Help us make the Rebuilding Lives Conference even better! Share your thoughts and feedback on this year's event - your input will shape and improve future conferences.

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Your thoughts on inclusion

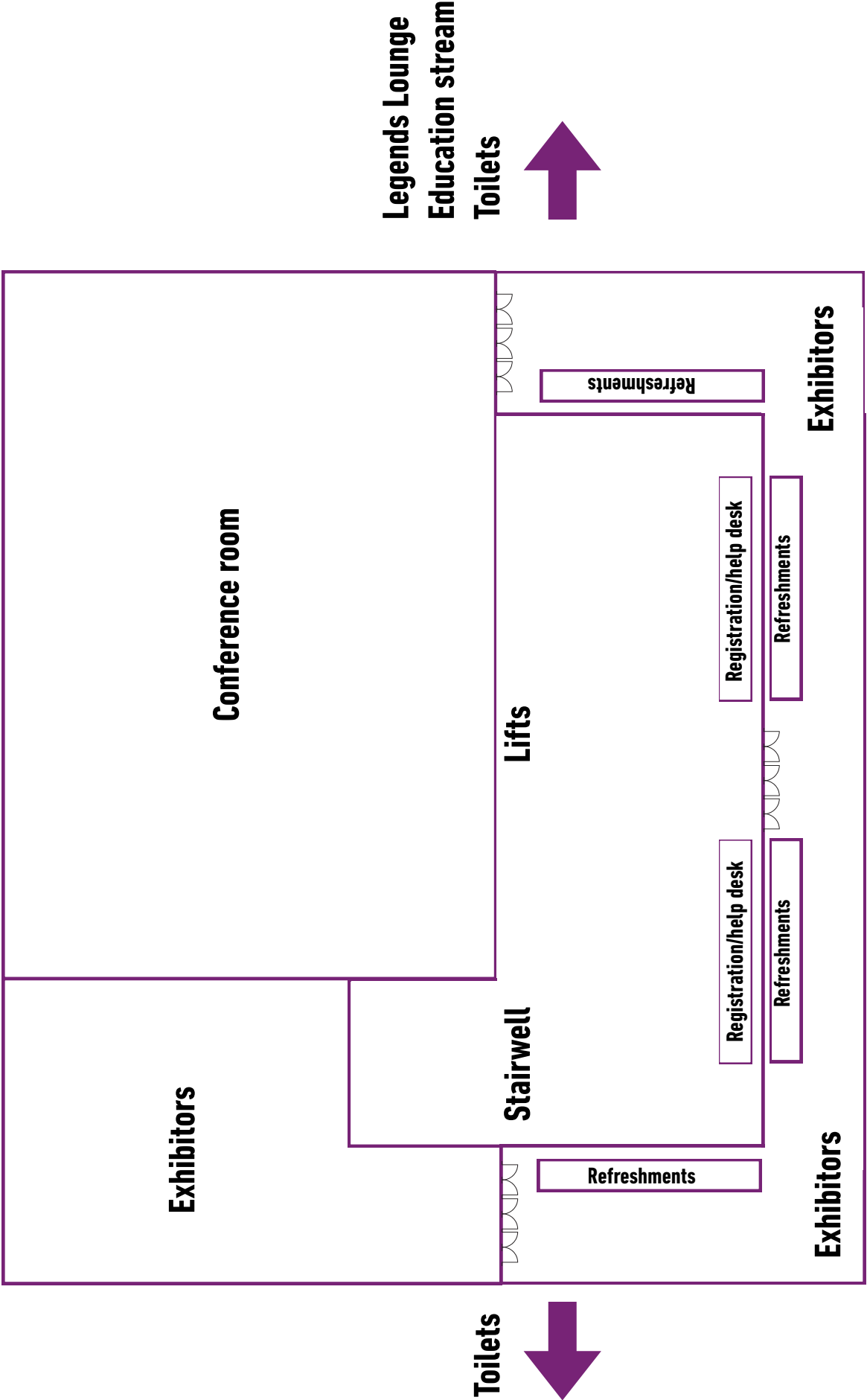
As we reach the halfway point of delivering SIA's 2030 Strategy, we are reflecting on the progress we have made and the challenges that remain. Inclusion is one of our core values, and in a rapidly changing world we want to ensure that everyone affected by spinal cord injury feels represented, heard and able to access the support they need. We would value your views on the following questions:

- Do you think all communities affected by spinal cord injury are equally represented and served within our sector?
- Where do you see the greatest opportunities for improving inclusion across our sector?
- What actions would help SIA better engage and support people from diverse and underrepresented communities?



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Conference Map





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