

The Rt Hon Sir Keir Starmer KCB KC MP
Prime Minister
10 Downing Street
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Monday 17th November 2025

From Fragmented to Coordinated: Building a National Spinal Cord Injury Strategy

Dear Prime Minister,

We are writing to bring to your attention the recent publication of a report by the All-Party Parliamentary Group (APPG) on Spinal Cord Injury, “From Fragmented to Coordinated: Building a National Spinal Cord Injury Strategy”. Marking the culmination of an inquiry that gathered oral and written evidence, the report brings together powerful evidence from people with lived experience, healthcare professionals, and other professionals working within the spinal cord injury community.

Sustaining a spinal cord injury introduces pervasive and imposing compounding burdens across physical, mental, social, economic, and familial domains. It is not a one-off event with a fixed recovery period but a lifelong condition requiring coordinated, anticipatory, and adaptive systems of support. New data shows that in the UK, someone will sustain a spinal cord injury every two hours. Current service fragmentation, regional inequities, a lack of consistent follow-up, and low awareness of life-threatening risks such as autonomic dysreflexia are harming individuals and driving higher long-term costs.

The report sets out how healthcare professionals’ hard work and unwavering commitment is being undermined by a system that perpetuates avoidable suffering and drives higher long-term costs. Once a world leader in spinal cord injury care and rehabilitation, the United Kingdom has fallen behind with real economic and human harm a result. Over the inquiry we heard clear, consistent evidence that spinal cord injury care is fragmented, under-resourced, and inequitable. Addressing these systemic failings requires both immediate corrective action and sustained long-term reform.

Presented in the report are immediate priorities to stabilise the system, medium-term reforms to build resilient infrastructure, and objectives for long-term transformation to deliver a national strategy on spinal cord injury. Practical recommendations across rehabilitation, workforce, community care, data, and research are set out, all with one goal: ensuring that everyone with a spinal cord injury, wherever they live, can access the same high standards of care and support.

Launching the report on Monday 27th October 2025 at Portcullis House, the APPG brought together voices from across the spinal cord injury community. Parliamentarians, professionals, and people with lived experience convened to support the call for a National Spinal Cord Injury Strategy. A speaker with lived experience shared the physical, emotional, and financial costs they had experienced due to systemic failings, further reinforcing that changes are imperative. We are deeply

concerned that without action being taken avoidable suffering, regional inequity, preventable complications, and ultimately increased costs will only continue to worsen.

The need for a national strategy is not theoretical; it is a practical urgency that can no longer be ignored. Acting to stop further deterioration in spinal cord injury care is urgent, evidence based, and morally unavoidable. It is about removing duplication, reducing waste, and preventing harm. Above all, it is about dignity, equity, and ambition. The UK has the expertise, the will, and the economic rationale to lead the world in spinal cord injury care, again. Every person with a spinal cord injury deserves the chance to live an independent and fulfilling life. What's missing is the national vision to connect the parts. That is the gap a national strategy must fill.

We request a meeting with you, and other relevant ministers, as soon as possible to discuss how the recommendations proposed can be implemented alongside the NHS 10 Year Health Plan for England. We propose that this meeting includes us as Members of Parliament who are Officers of the APPG, alongside the Secretariat, and individuals with spinal cord injury who can share their lived experiences. Together we want to explore concrete, practical steps that will improve lives by replacing the current fragmented approach with coordinated, person-centred care.

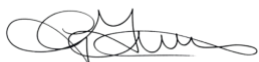
We look forward to your reply.

Yours sincerely,



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Greg Smith MP

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This letter is also supported by the following healthcare professionals and professional bodies:

- People with lived experience of spinal cord injury
- The Coalition of spinal cord injury charities and partner organisations: Aspire, Back Up, Cauda Equina Spinal Cord Injury, Horatio's Garden, Inspire Foundation, Regain, Spinal Injuries Association, Spinal Research, Stoke Mandeville Spinal Research, and WheelPower
- Healthcare professionals working in spinal cord injury care and rehabilitation from: Duke of Cornwall Spinal Treatment Centre (Salisbury), Salisbury NHS Foundation Trust; East of England Spinal Cord Injury Hubs; East of England Spinal Network; Golden Jubilee Regional Spinal Cord Injuries Centre (Middlesbrough), South Tees Hospitals NHS Foundation Trust; London Spinal Cord Injury Centre (Stanmore), The Royal National Orthopaedic Hospital NHS Trust; London Spinal Cord Injury Network; Midland Centre for Spinal Injuries (Oswestry), The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust; National Spinal Injuries Centre (Stoke Mandeville), Buckinghamshire Healthcare NHS Trust; North West Regional Spinal Injuries Centre (Southport), Severn Major Trauma Operational Delivery Network; Southport and Ormskirk Hospital NHS Trust; South East Spinal Cord Injury Network; Oxford University Hospitals NHS Foundation Trust; South West and Surrey Trauma Network; Yorkshire Regional Spinal Injuries Centre (Pinderfields), Mid Yorkshire Teaching NHS Trust
- Healthcare professionals from: Alder Hey Children's NHS Foundation Trust; Barts Health NHS Trust; Central and North West London NHS Foundation Trust; East Suffolk and North Essex NHS Foundation Trust; Guy's and St Thomas' NHS Foundation Trust; Hertfordshire Community NHS Trust; Hull University Teaching Hospitals NHS Trust; King's College Hospital NHS Foundation Trust; Manchester University NHS Foundation Trust; North Middlesex University Hospital NHS Trust; Royal Free London NHS Foundation Trust; Somerset NHS Foundation Trust; University College London Hospitals NHS Foundation Trust; University Hospitals Birmingham NHS Foundation Trust
- Representatives of: British Association of Spinal Cord Injury Specialists (BASCIS), European Spinal Psychologists Association (ESPA), International Spinal Cord Society (ISCoS), ISCoS Psychosocial Special Interest Group, Limbless Association, Multidisciplinary Association for Spinal Cord Injury Professionals (MASCIP), Regain, Respiratory Information in Spinal Cord Injury (RISCI), Royal College of Nursing, Society of Clinical Injury Lawyers, Spinal Cord Injury Therapy Leads for UK and Eire, SPIRIT
- Other professionals working within the spinal cord injury community



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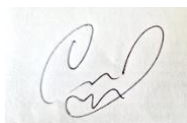
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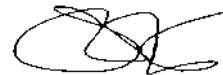
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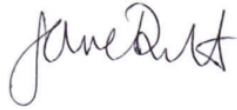
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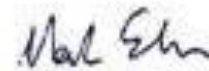
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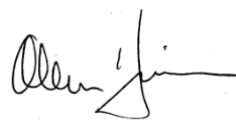
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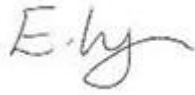
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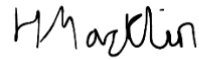
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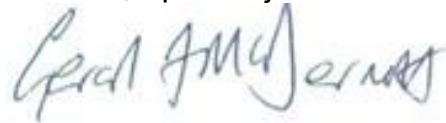
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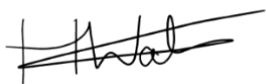
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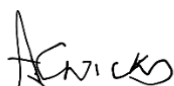
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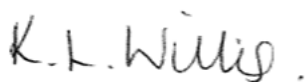
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